

### Citizenship, Personal Development and Leadership

### 4-H Leadership

### North Dakota 4-H Project Sheet

Leaders influence and support others in a positive manner for a shared goal. Leaders aren't just elected. You can be a member of committees, small groups and teams. Learning about yourself and how you work with others is a key part of developing leadership skills.

- Understand roles, attitudes, tasks and functions necessary for effective leadership.
- Strengthen local 4-H units in leadership responsibility and encourage other youth.
- Participate in program planning, development and implementation; help recruit new members and leaders.



## Here's what you can do all year!

## Starting Out Basic/Level 1

- Job shadow or interview a local leader.
- Take responsibility for a weekly chore in your home.
- Plan and present a fun club activity.
- Identify nonverbal communication behaviors.
- Create a weekly schedule for you and your family.
- Organize a space in your home.

### Learning More Intermediate/Level 2

- Make a list of what motivates you; interview others to find out what motivates them and compare the lists.
- Identify characteristics of a good leader and how leaders develop trust.
- Practice and deliver a presentation.
- Identify talents in your club, group or community.
- Work with members to establish ground rules for club meetings.
- Experiment with different group decisionmaking techniques.

## **Expanding Horizons Advanced/Level 3**

- Plan and present a project workshop.Run for office in your
- club.Create a list of your
- strengths and weaknesses.
- Practice interviewing with an adult.
- Write a personal vision and mission statement.
- · Plan a meeting.
- Develop and implement a school survey of students, teachers and administrators.
- Identify various leadership styles.

Pass it on!
Now that you know how,
share it with others. Here
are ideas to get you started.

#### Communication

- Notify families about club activities.
- Give a presentation on parliamentary procedure or other decision-making methods.
- Create a club Web page.
- Write a letter to an elected official about an issue that's important to you or your community.
- Conduct club officer training.
- Create a video to promote 4-H.

#### Citizenship

- Make arrangements for your club's next service project
- Investigate a historical leader and share his or her accomplishments.
- Volunteer to serve on a committee for your next town celebration.
- Mentor a younger member with recordkeeping and preparing exhibits for the fair.
- Join a political campaign for a candidate you support.
- Serve on a local board that deals with youth issues.



Learn more at www.ndsu.edu/4h/ or contact your county NDSU Extension office.



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#### Here are other opportunities to explore leadership:

- Mentor a younger youth in 4-H in a skill area you have learned.
- Meet others interested in leadership.
- Check out camps at 4-H Camp.
- Apply for a state <u>4-H ambassador</u> position.
- Apply to be a page in the state Legislature.



- Attend the Extension Youth Conference and participate in workshops, motivational speakers and a community service project, bringing ideas back to your community.
- Apply to attend the National 4-H Conference or National 4-H Congress.
- Attend Leadership Awareness Weekend.
- Attend Citizenship Washington Focus.
- Interested in a college education in the area of political science, business
  administration, teaching, or public service administration in agriculture or community
  and regional planning? Schedule a visit with North Dakota State University at
  www.ndsu.edu and explore those majors.

#### **4-H Resources Other Resources** Recordkeeping National 4-H Curriculum Youth Leadership • Planning for My **Books** Initiative Project Adventure • Leadership Road Trip: (PA093) Where Are You Going? **Team Builder Resources** • ND 4-H Project Plan (FF105) (PA095) **Events** 4-H Meeting Handbook • ND 4-H Plan of Action 4-H Ambassador **Educational Trunks** (PA096) **Program** • The Big Box of Leadership **Extension Youth** • ND 4-H Participation and Team Building Conference Summary for 11- to 19-• The Leadership Challenge Leadership Awareness year-olds (PA098) Weekend National 4-H Congress National 4-H Conference Citizenship **Washington Focus**

#### **Exhibit Ideas**

- Make a poster with a timeline to demonstrate a historic leader's rise and accomplishments.
- Exhibit a calendar or log of weekly responsibilities in your home.
- Create before and after photos of a room you organized, focusing on the development of your organizational skills.
- Give a presentation on the elements of an effective meeting.
- Develop a graphic organizer to showcase the talents in your club or community.
- Create a display showing the timeline and your process of leading a community service project.
- Create a poster sharing a club contract your group has created and share how your group came up with it.
- Create a series of workshops teaching other 4-H'ers a project skill. Videotape the workshops and put them on the Web so others have access.
- Take a personal inventory to analyze your leadership style and share a journal or display about what you learned and how it affects your work in groups.
- Create a scrapbook showing your leadership roles in the clubs or organizations in which you participate.
- Create a resume showcasing your skills and strengths.

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Updated 10-2019