



4-H TIMES

"4-H is a community of young people across America who are learning leadership, citizenship and life skills"

DECEMBER 2010

SEASONS GREETINGS:

As I am busily making my Christmas list and trying to think of the "perfect gift" for each person on my list, I read this bit of wisdom that I hope we can all put into practice during the holiday season.

Eight Gifts That Don't Cost Anything

1. THE GIFT OF LISTENING...

But you must REALLY listen. No interrupting, no day-dreaming, no planning your response. Just listening.

2. THE GIFT OF AFFECTION...

Be generous with appropriate hugs, kisses, pats on the back and handholds. Let these small actions demonstrate the love you have for family and friends.

3. THE GIFT OF LAUGHTER...

Clip cartoons. Share articles and funny stories. Your gift will say, "I love to laugh with you."

4. THE GIFT OF A WRITTEN NOTE...

It can be a simple "Thanks for the help" note or a full sonnet. A brief, handwritten note may be remembered for a lifetime, and may even change a life.

5. THE GIFT OF A COMPLIMENT...

A simple and sincere, "You look great in red," "You did a super job" or "That was a wonderful meal" can make someone's day.

6. THE GIFT OF A FAVOR...

Every day, go out of your way to do something kind.

7. THE GIFT OF SOLITUDE...

There are times when we want nothing better than to be left alone. Be sensitive to those times and give the gift of solitude to others.

8. THE GIFT OF A CHEERFUL DISPOSITION...

The easiest way to feel good is to extend a kind word to someone, really it's not that hard to say, Hello or Thank You.

As I read this list I tried to remember the last handwritten note I had sent to someone. It has been quite a long time. I do know just how much a note of praise or encouragement can mean to a person. A few years ago an elderly man opened his wallet and pulled out a note that his county agent had sent to him and he had been carrying it with him for years. Another gentleman told me how much he appreciated a note from his minister at a time when he needed encouragement. A 4-H mother told us that her son had a note from the 4-H club leader posted on his bulletin board. THOSE were true gifts. We can all make that effort during this holiday season to reach out to someone. We may never hear how our note touched them- but it will.

This season may you know the true Christmas spirit, which lies in giving to others.

Mary

UPCOMING EVENTS

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December

- 1-14 ~ JC Penney Roundup for 4-H
- 11 ~ Penneys—greet public
- 15 ~ 4-H Ambassador Applications due at State Office
- 24-25 ~ Merry Christmas—Office Closed
- 31 ~ Registrations for 3rd Annual Citizenship in Action due at state office

January

- 1 ~ Happy New Year—Office Closed
- 3 ~ Prairie Clovers—submit article for January 4-H Times
- 8 ~ Weigh Market Steers
- 22 ~ Weigh Market Steers



4-H Club of the Month Corner

Corner Club 4-H

During the Corner Club's 2010-2011 4-H year, a few new members were welcomed. The Club holds a total number of 46 members. Which is now one of the largest groups in Williams County.

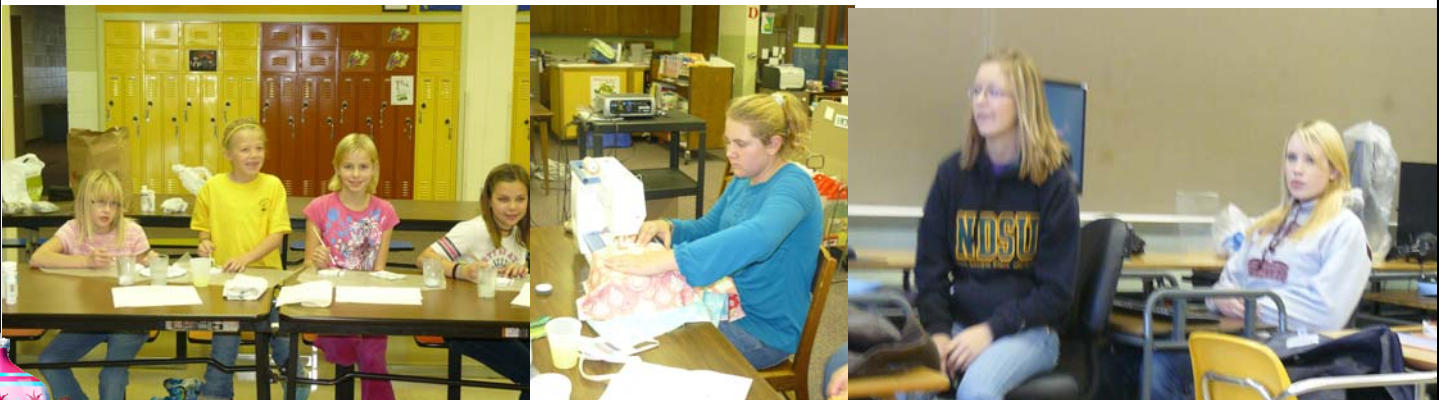
During the Corner Club's September and October meetings, the Club leaders were elected. The chosen officers were: Kirsti Kueffler (President), Jonni Muller (Vice-President), Kori Gunlikson (Secretary), and Kayla Melgaard (Treasurer). The younger members made scarecrows, and all of the Club members signed up for their fair projects. Premiums from UMVF were also handed out to the members.



On November 11th, the Corner Club held its second annual project day, which was held at the Grenora Public School. The 4-H members were busy with a large variety of fun activities, such as sewing, photography, cooking, and crafting. The lunch prepared included slush burgers, hot dogs, and bars.

The Corner Club participates in many different activities during their meetings. Some of these projects include: serving food at auctions, baking Christmas cookies for shut-ins, and serving at the pop shop.

The Corner Club meets on the second Sunday of every month at the Grenora Public School. The last meeting of every year concludes with the Potluck in the Park.



NORTH DAKOTA 4-H AMBASSADORS

The **North Dakota 4-H Ambassadors** will be holding Selections on January 15th in the Morton County Courthouse in Mandan. Any 4-Her between the age of 16 and 22 who is interested in making a commitment to the 4-H program may apply to be a 4-H Ambassador. The revised application is located on the Center for 4-H Youth Development website which can be easily accessed from our website. It is now a fillable form. The application must be completed and have three references, one being from a County Extension Staff. If you have any questions, please call (577-4595) or e-mail maryf@co.williams.nd.us for an application or more information.

Applications are due **December 15, 2010** to the Center for 4-H Youth Development.

NORTH DAKOTA 4-H CITIZENSHIP IN ACTION

Any youth age 13 to 18 who is interested in the political process can register for this annual event to be held on **January 16-17, 2011**, at Bismarck, North Dakota. **Highlights of the event:**

- Learn how the state legislative process works
- Tour the state Capitol and meet with legislators
- Have your voice heard by showcasing our county
- Share ideas on how you can impact our community



Registration deadline is December 31, 2010.

For a brochure with more information and to register on line go to http://www.ndsu.edu/4h/events_calendar/ or our website.

Reminder!

Round up your JC Penney store purchases to the next whole dollar from **December 1-14**, and the JC Penney Afterschool Fund will donate the difference to support **Williams County 4-H Afterschool programs.**

Reminder! - Prairie Clovers

Please submit your article for the **4-H Times** on or before **January 3**.
Thank you.

4-H MARKET ANIMAL IDENTIFICATION



Identification and weighing of 4-H market steers, swine and lambs are scheduled as follows:

Steers—Saturday, January 8, 10 am—12 noon (Sand Creek Feedlot)

Steers—Saturday, January 22, 10 am—12 noon (Sand Creek Feedlot)

Swine & Lambs—Saturday, May 7, 10 am—12 noon (Fairgrounds)

Animals must be properly identified (tattoo) to be eligible for the 4-H Market Animal Sale held in conjunction with the Upper Missouri Valley Fair scheduled June 22-26, 2011. Hopefully this policy furthers a strong public image and is helpful to the 4-H member in planning a feeding program.

Hopefully you have your steers selected and on a ration that will get them to 1150-1300 pounds by fair time. The promoted goal of the 4-H Market Animal Sale has been to exhibit animals that are market ready. For steers this means a fat cover in the range of 0.2 to 0.4 inch. Although it is impossible for our naked eyes to accurately measure the amount of fat cover, we can correlate market readiness to frame score and actual weight.

Eligible Ages of Members

Youth between the ages of 8-19 may join a 4-H Club as a "full fledged" member and be eligible to show animals of any species and participate in the market animal sale. Younger youth (5-7 years) are considered Cloverbud 4-H members and are eligible to participate in the market animal sale with a lamb or swine. If a youth turns 19 years of age prior to the beginning of the 4-H year (September 1, 2010) he /she is not eligible to re-enroll in 4-H.



MARK YOUR CALENDARS

April 17-18, 2011

4-H Aerospace Event

Grand Forks, ND

This event offers youth, age 12—15, a great opportunity to explore aerospace related careers.

For more information go to http://www.ndsu.edu/4h/programs_events/overnight_tripscamps/aerospace_event/

MARK YOUR CALENDARS

June 20-23, 2011

Extension Youth Conference

Fargo, ND

The theme for this year's EYC is "FIESTA"

More information will be forthcoming soon.

4-H Members Needed

Saturday December 11th to hand out candy canes and greet people at Penneys— Call the office to volunteer. Thank you.



Corner Club 4-H holds 2nd Annual Activity Day on November 11

Members and volunteers spent the day working on projects and activities. Check out the website for more photos.



MERRY CHRISTMAS

