

# NDSU Extension Service

North Dakota State University

## Williams County

Courthouse, 205 East Broadway  
Box 1109

701-577-4595

Fax 577-4597

[warrenf@co.williams.nd.us](mailto:warrenf@co.williams.nd.us)

[maryf@co.williams.nd.us](mailto:maryf@co.williams.nd.us)

[judyh@co.williams.nd.us](mailto:judyh@co.williams.nd.us)

[marianm@co.williams.nd.us](mailto:marianm@co.williams.nd.us)



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WILLIAMS COUNTY



# 4-H TIMES

*"4-H is a community of young people across America who are learning leadership, citizenship and life skills"*



## AUGUST 2009

## GREETINGS:

As much as I hate to admit it, the fall semester is fast approaching; and with it comes the end of my summer and my internship with NDSU Extension. I have only been in the Williams County office for ten short weeks, but during that time I have been able to grow as a person and, most importantly, as a leader.

I began my internship June 1<sup>st</sup>, just weeks before the fair. I guess you could say I hit the ground running...really fast! After showing livestock for several years and enjoying the luxuries of a 4-H member, it was a refreshing change to see what happens on the other side when you are an extension employee. It is definitely not as easy as Warren makes it look! Aside from the long hours and stress that go along with fair-time, I can honestly say it was fun. The thing I found most enjoyable, though, was getting to know the 4-H families. Williams County has an outstanding crop of youth and the reason is evident when you look at the families who support them. With every generation, the best continues to get better.

Even though the fair was the highlight of my time here, I do need to mention a few other things. From July 19-23 I counseled 10-15 year old 4-Hers at the Amazing Race camp in Washburn, ND. It was a huge learning experience for me as I have never dealt so closely with that age range for longer than few hours. We covered every topic teenage girls can come up with. I also learned how to canoe, perform a few selective martial arts moves, and make fry bread. It's amazing the things kids can teach you.

When I was done at camp, I headed straight home to help at the

NDSU BBQ Boot Camp. For those of you who missed it, YOU MISSED OUT! NDSU sent a majority of its Meat Science department to the Ernie French Center to teach Williston and the surrounding areas about the ins and outs of BBQ. The food was delicious and the staff was very informative. They cooked over 200 lbs of beef, pork, and lamb to feed the 100+ participants.

Finally, I will end with our judging trip to the Sheridan County Fair in Plentywood, MT. Warren and I were asked to judge the livestock portion of their show. Warren handled the live animal evaluation, while I judged showmanship. The best part was watching the kids sweat a little during the Round Robin where we ended up with a tie that had to be broken by goat showmanship. What a challenge!

I would really like to thank Warren, Mary, Judy and Marian for making me feel welcome all summer. They made the transition into a "big girl job" easy and I appreciate the time and effort they put in to help me grow as an individual. I also wanted to thank the parents and 4-Hers for supporting me and being patient when my head floated off my shoulders. As for my plans, I am off to college at NDSU for one more year. After that, the possibilities are endless!



## UPCOMING EVENTS

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### August

16 ~ Last day for JC Penney Roundup  
31 ~ Record Books/Awards Applications due at Extension Office.

### September

1 ~ 2009-2010 4-H year begins  
7 ~ Labor Day - Office Closed

### October

1-4 ~ NCR Volunteer Forum at Lincoln, Nebraska  
4-10 ~ National 4-H Week  
6 ~ 4-H Fall Council Meeting  
7 ~ 4-H National Youth Science Day

### November

1 ~ 4-H Awards Event at Ernie French Center

**School  
Beginning  
Soon!**



# STATE FAIR AWARDS

## 4-H Showcase

Jami Wells, Katherine Fearing, Lauren Fearing, and Alexis Vader (Clever Clovers 4-H Club), each received an **Award of Excellence** in the 4-H Showcase at the North Dakota State Fair.

The 4-H Showcase includes Project Expo and Clothing Revue.



### Other State Fair Award winners are:

Sara Melgaard	Clever Clovers	8323 other item for your room	Champion
Christy Sperling	Prairie Partners	5138 oils or acrylics painting	Champion
Emily Alton	Clever Clovers	1055 dog display	Reserve Champion
Emily Alton	Clever Clovers	9118 item for sewing for fun	Reserve Champion
Sadie Fjelstad	Dakota Clovers	5125 drawing	Reserve Champion
LaMae Turk-Walton	Clever Clovers	8323 other item for your room	Reserve Champion
Emma Abelmann	Clever Clovers	9161 decorated accessory	Award of Excellence
Emily Alton	Clever Clovers	5341 glue solution	Award of Excellence
Nicolas Curren	Lucky Clovers	3201 bicycle display	Award of Excellence
Sydnee Fjelstad	Dakota Clovers	5520 photo enlargement	Award of Excellence
Collin Hill	Prairie Clovers	5312 ceramic	Award of Excellence
Conner Lynch	Stony Creek	5201 leather craft item	Award of Excellence
Kylee Meyer	Clever Clovers	5341 glue solution item	Award of Excellence
Christy Sperling	Prairie Partners	3603 woodworking display	Award of Excellence

**Congratulations to you and all the Williams County State Fair participants!**

## Just a few State Fair Photos!



## RECORD BOOKS/AWARDS APPLICATIONS DUE

To be considered for the awards and the year end achievement awards listed on pages 3-5 of the Record Book your **COMPLETED IN FULL** Record Book **must be turned into the Williams County Extension office by 5:00 p.m., Monday, August 31<sup>st</sup>.**

The 4-H experience is designed to help develop life- long skills and habits. Record keeping is a very important skill that we all need for our entire lives. The 4-H record book is intended to help you develop this skill.

You have already received a ribbon for your project. In order to receive additional recognition for this project you are required to complete additional records.

### Awards Applications

Read the directions thoroughly. You cannot receive the same award twice! Notice that these awards are listed in an order of experience and each level expects a higher degree of participation in 4-H. All criteria required of the award must have been met during the 2008-09 4-H year- it does not accumulate over your 4-H career. The Outstanding 4-Her Award must be nominated by your 4-H Leader. If you would like to be considered for this award, please contact your leader to submit a recommendation for you. Note that both the member and a parent must sign this application.

Many of these awards require leadership activities. These activities must be listed and explained on page 20. If the award requires a speech, demo or workshop beyond the Club level please describe this on page 25- Special Notes.

Financial Summary states "to complete if appropriate for the project". Examples of projects that require a financial summary are livestock projects, woodworking, and clothing- just to name a few. Financial records are among the most important records you will be keeping for your entire life. Start now.

\*\* **Do not** apply for the PreTeen Trip or the Washington Focus trip on this form. Separate, detailed applications are mailed to eligible 4-H members at the appropriate time during the 4-H year. (These will be removed in future books to avoid confusion.)

### 4-H Year End Awards

Highlight the categories that you completed projects in during the 2008-09 4-H year. This is an application for the bronze colored disc to add to your 4-H plaque. You will receive the disc if your record book is complete for that category. All members will receive a year disc for their plaque. New members will receive a member plaque the first year. Please let the office know if you will need another hanger for your plaque, also.

Discs will also be presented for participation in events listed on page 18 that you participated in and completed the requested information for. *Participation in the Fairs category does not earn a disc.*

*Mary E. Froelich*

## 4-H YEAR BEGINS SEPTEMBER 1



Protected Under  
18 U.S.C. 707



Along with the beginning of school, we begin our new 4-H year soon. This means it's time to elect new officers for your club and start thinking about projects for the year. **In September or early October you should receive your project enrollment forms from your leader.** Complete these forms as soon as possible and return them to your leader.

Leaders must turn in the club's enrollment forms to the county extension office by **November 1**. We **must** know who is enrolled in 4-H and in what projects, in order to communicate with members involved in specific project areas and to plan for county activities.



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18 U.S.C. 707

# Keep current—check out our website!

[www.ag.ndsu.edu/williamscountyextension](http://www.ag.ndsu.edu/williamscountyextension)



## 4-H LEADERS VOLUNTEER ENROLLMENT DUE

The mission of 4-H is to create supportive learning environments for youth and adults to reach their fullest potential as capable, competent and caring citizens. The Youth Protection Policy represents a code of ethics which all volunteers and staff are expected to observe. Its purpose is to protect the safety and well-being of all youth participants, their families, volunteers and paid staff.

Whether we are staff members or volunteers, teens or adults, all of us who work closely with young people have the potential to profoundly affect the well-being of children. In addition to providing safe and appropriate environments, we must also be positive role models focusing on how we communicate with children, our methods of discipline and problem-solving, and how sensitive we are to the individual needs of all children.

The responsibility for the well-being of children lies with each and every one of us. North Dakota State University Extension Youth Protection process is designed to help us carefully select people who work with our youth development programs. In North Dakota, volunteers with the NDSU Extension Service are considered 'unpaid staff' when they are functioning in an official capacity on behalf of the NDSU Extension Service.

The 4-H Youth Protection Policy requires that all volunteers complete a certification process which includes the completion of the Adult Behavioral Expectation Form and the Application to Volunteer in Youth Programs. Upon receipt of these completed forms, the county extension staff member will submit the name for clearance through the ND Child Abuse Information Index to check against the ND Office of Attorney General Convicted Sex Offenders and Offenders Against Children-Public List. Upon clearance, two reference checks will be performed. Re-screening is to occur every six years.

In reviewing the file at our office it was noted that the majority of applications on file are dated in January and February of 2002. I also have noticed several people listed as leaders on club reports who have never completed any application process. It is once again time to complete this process for all leaders.

I will schedule a visit to each club this fall for a short **MANDATORY** training session for all leaders. This can take place at the end of a regular scheduled meeting.

Going forward, it will be the responsibility of the main club leader to contact the extension office when a new leader is beginning with their club. This will insure that the proper process is followed in a timely manner.

**All 4-H youth members who turn 18 years old during the year are required to complete the adult volunteer process because they will be interacting with youth on a regular basis.**

*Mary E. Froelich*

Mark  
your calendars  
for the 4-H Fall Council Meeting  
Tuesday, October 6  
7:00-9:00 p.m.,  
at the Williams County Courthouse,  
2nd Floor Conference Room



Set  
this date aside!  
Sunday, November 1  
5:30-7:30 p.m.,  
at the Ernie French Center  
for our annual  
4-H Awards Event