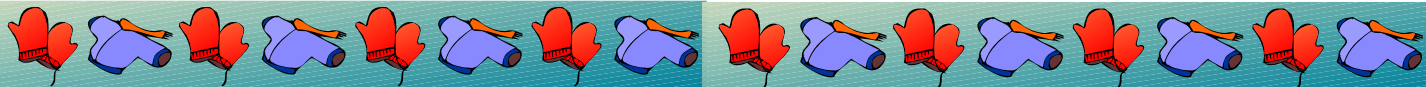




4-H TIMES

"4-H is a community of young people across America who are learning leadership, citizenship and life skills"



JANUARY 2011

GREETINGS:

Commitment—A Foundation For Life

Over the years I have had the pleasure of becoming acquainted with many men, women and youth. I have often asked myself "What makes some people successful while others struggle?"

It appears to me anyway, the common thread for the people who I view as successful is the word "commitment". So, I went to my Webster's dictionary. It defined commitment as: 1) to put into charge or trust, 2) an agreement or pledge to do in the future, 3) to obligate oneself.

If asked what "commitment" means, I think most people would reference it as a promise to others. Thus, youth promise mom and dad that they would do such things as come home at a designated time, drive safely, help keep the house clean, do homework on schedule, etc. When adults are asked to give an example of "commitment" most will likely reference marriage as this is really a legal promise between husband and wife to be loyal to one another.

Many years ago I attended a church meeting during which the minister said that commitment starts with a set of values, principles or beliefs. These underlying principles define both the person's uniqueness and fundamental direction in which he/she wants to head. The minister emphasized that these

values and principles are needed before a person can commit to oneself and then to others.

It appears to me that commitment and the road to success starts at a very early age. Young people who identify lofty goals and commit themselves to the expected outcome seem to frequently reach the top of the mountain throughout life.

So, I encourage our 4-H members to think about their values and principles and depth of commitment they have to such.

We adults should be mindful that the goal of the 4-H program is to provide opportunities for youth to experience life skills, to practice them and be able to use them through their lifetime.

As equally important, 4-H should provide the opportunity for members to commit to themselves. Commitment is a strong component to successfulness in all walks of life. It is most difficult and most readily proven during tough times.

Don't let the cold weather and snow put you in the dumps.

Just remember

we are one day
closer to
green grass.



Warren



UPCOMING EVENTS

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January

22~ Reminder—4-H Market Steer

Identification Cancelled

29 ~ Burleigh Co. Hippology/Horse Judging Contest

February

7 ~ Prairie Partners—submit article for February 4-H Times

21 ~ President's Day—Office Closed



4-H Club of the Month Corner

4-H Clubs - Here's your chance to toot your horn.
We want your news!

Reminder - Prairie Partners!

Please submit your article for the February 4-H Times on or before February 7. Thank you.

3RD ANNUAL CITIZENSHIP IN ACTION

Sixty eight 4-H'ers from across North Dakota gathered in Bismarck to learn about the state legislative process on January 16 and 17.

Williams County was represented by **Brooke Alton, Chauntel Bergstrom, Hailey Bendixson, Jourdan Hill** and **Mallory Nygard**.

They represented themselves and our program very well!



On Sunday afternoon classes were held on etiquette including how to address representatives, proper hand shaking, how to wear a name tag, proper and improper cell phone use and texting. In honor of Martin Luther King Day of Service, 4-H'ers participated in one of four community service projects. The projects were: making tie blankets for Med Center One, playing games with residents at a nursing home, putting together backpacks and writing letters for Operation Military Kids, or cleaning and straightening books at the public library. After a pizza dinner there was a lesson on the legislative process. Participants were divided into ten groups and each group received one of five proposed bills for the "State of 4-H". One team had to present reasons to pass the bill and another team had to give reasons to not pass the bill. After hearing both sides all members voted electronically.

Monday was spent at the State Capitol. Each county set up a display in the Memorial Hall for legislators to view. 4-H members had written letters of invitation to their legislators before the event so that they were aware that it was happening. Members met and greeted their legislators, sat in on committee meetings and sat on the floor with their legislators during the afternoon session.

**Ask these members about their experience at CIA and consider attending in the future!
Check out the website for more photos!**

Reminder!

Market Steer identification has been cancelled for this year. 4-H'ers with a market steer at UMVF must let our office know on or before May 1, 2011.

HIPPOLOGY/HORSE JUDGING

4-H'ERS INTERESTED IN HIPPOLOGY/HORSE JUDGING

Burleigh County is holding their 3rd Annual Hippology/Horse Judging Contest on January 29, 2011.

Registration is at 8:00 a.m., with the contests starting at 9:00 a.m., CT.

4-H Dress is Required. There is a \$5.00 per person fee (lunch included).

For more information on the Hippology contest contact Lorie Erickson 701-214-0501 and for the Horse Judging contest contact Sheila Scholl 701-426-6982. Please pre-register by January 24th.



4-H TRUNKS AVAILABLE FOR CHECK-OUT

Over the past years Williams County 4-H has been fortunate to be able to obtain some grant funding to help develop several teaching trunks that can be checked out and used by 4-H clubs, members, leaders, and families. Please make plans to use these trunks to enhance and strengthen your 4-H experiences. To reserve these trunks, please call the Extension office at 701-577-4595.

Scrapbooking Trunk

North Dakota 4-H put together two Scrapbooking Trunks for 4-H clubs to check out and use to develop their Scrapbooking skills. One of these trunks is housed in the Williams County Extension Office. Remember this is a trunk that can be used state wide, so be sure and reserve it early if you are interested.

Robotics Trunk

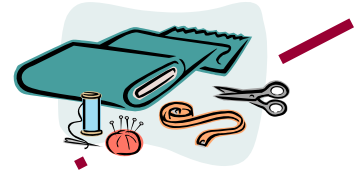
This trunk includes two Mind Storm Lego kits and instructions for programming your lego battery operated machine.

GPS Trunk

This trunk contains Garmin Etrex Legend GPS units, laminated scavenger hunt activity sheets and a GPS PowerPoint presentation. Become familiar with how GPS works and what it is used for.

Quilting and Sewing Trunk

Williams County 4-H received some grant money from the Mountrail-Williams Electric Round-up Funds to put together a sewing and quilting trunk. This trunk can be checked out and used for working on quilting and sewing projects. The trunk includes **sewing machines, sergers**, all kinds of quilting and sewing supplies, and lots of other tools to make your sewing and quilting experiences much easier.



Lego Trunk

This trunk includes several Lego Crazy Action Contraptions Invention Books and instructions and lots of Lego pieces to complete several Lego projects. This trunk is recommended for ages 7 and up. Loads of fun!!!!

Professor Franklin's Photo T-Shirt Software

This trunk includes Professor Franklin's software (on CD) for creating iron on t-shirts. Kids will need to supply their own clean, white, cotton t-shirts. You will also need to purchase transfer paper.

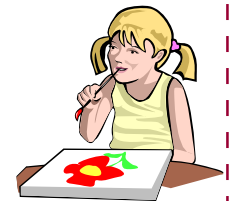
Leather Craft Trunk

This trunk contains leather crafting tools and instructions for decorating and assembling a billfold, key case, belt, purse and other items.

If you are looking for a project or just some fun along with a learning experience check out the many classes being offered at the James.

Some of the classes are: Intermediate Drawing, Paper Mosaic Picture; Geometric Mobiles, Watercolor and many others.

See the **insert in this newsletter** for more information and registration or check their website at www.jamesmemorial.com



CITIZENSHIP WASHINGTON FOCUS

The **Williams County 4-H Council** will offer up to two scholarships (valued at approximately \$1,500 each) for Williams County 4-H members to attend Citizenship Focus in Washington, D.C.

This year North Dakota 4-Hers will attend

Citizenship Washington Focus (CWF) June 5—11, 2011.

Citizenship Washington Focus (CWF) is a six-day intensive summer citizenship program for **youth ages 14-19**. CWF delegates learn about the democratic process and their role as citizens while they experience our nation's capital. A letter with application was mailed to all Williams County 4-Hers age 14-19. If a form is needed, please call the Extension Office or check our website

<http://www.ag.ndsu.edu/williamscountyextension/4h-and-youth/forms/cwf-application-for-williams-county>

Completed applications are due at the Extension office on or **before February 1.**



4-H FOUNDATION SCHOLARSHIPS



Scholarship candidates must be:

- ✓ A high school senior or accepted or enrolled as an accredited college or university. Maximum age is 21 as of September 1 on the current 4-H year.
- ✓ A current or former North Dakota 4-H member.
- ✓ A North Dakota 4-H member for at least one year at the time they apply.
- ✓ Certain scholarships may have additional special eligibility or selection requirements.

Scholarships, their amount and the candidate requirements:

- * **Eleanor R. Schultz Memorial** (1 at \$300) - North Dakota 4-H member or former member and first year student at NDSU
- * **ND 4-H Foundation in Memory of Erwin Klusmann & John Norgaard** (1 at \$350) - Present or former North Dakota 4-H member
- * **Jerome Striegel Memorial** (1 at \$150) - North Dakota 4-H member selected as an alternate to attend National 4-H Congress and/or National 4-H Conference
- * **Rosevold Memorial** (1 at \$400) - North Dakota 4-H member or former member who will be enrolled in a North Dakota post-secondary school in the fall
- * **Farm and Ranch Guide** (1 at \$250) - Current or former 4-H member entering a North Dakota university or college as a freshman. Selection to be based on academic potential and 4-H participation
- * **John DeKrey Jr. and Hannah DeKrey Award** (1 at \$500) - Current or former North Dakota 4-H member entering a North Dakota University or college as a freshman. Preference given to applicants from Kidder County.
- * **Kelci Jo Willson Memorial Award** (1 at \$300) - Scholarship will be awarded to a current or former North Dakota 4-H member who is entering or continuing his/her education at a vocational school, technical school, college or university.

Application forms and complete information on these and other scholarships (not applicable for our county) can be obtained from this office or on-line at: www.ndsu.edu/4h/foundation/scholarships

MARK YOUR CALENDARS

June 20-23, 2011

Extension Youth Conference Fargo, ND

The theme for this year's EYC is "FIESTA"

More information will be forthcoming soon

MARK YOUR CALENDARS

April 17-18, 2011

4-H Aerospace Event Grand Forks, ND



This event offers youth, age 12–15, a great opportunity to explore aerospace related careers. For more information go to http://www.ndsu.edu/4h/programs_events/overnight_tripscamps/aerospace_event/

Brrrrrrr.....

Stay Warm!

