Cindy Klapperich – Sargent County – 2016 Q4
Family and Consumer Sciences and 4-H Agent

Sargent County 4-H wrapped up the 2015-16 program year with an Awards Banquet. Sargent County Bank and First National Bank of Milnor co-sponsored the meal and the 4-H Club Leader Awards. The program kicked off with a Flag Processional. Members received awards for their project work and other achievements. First year members were also recognized during the event. New to the program this year was a skit that involved our 4-H Ambassadors.

As the 2016-17 program year started, 4-H Club Officer Training was offered. This training was developed and provided in response to 4-H Club Leader requests. Officers from each of the Sargent County 4-H clubs and several adults participated in the training, which included guidance for planning meetings, performing officer duties, and using parliamentary procedure basics.

Youth development work in school classrooms during this quarter included teaching effective handwashing technique to kindergarten and first grade students, and teaching five sessions of “On the Move Junior” (OTMJ) in Gwinner, Milnor, and Forman second grade classrooms. “Eat smart, play hard” is the key message in OTMJ. The sessions are highly interactive, and teachers reinforce the concepts as students “track” their consumption of healthy foods each week. The program also includes outreach to parents via a weekly newsletter.

I taught Love and Logic parent education classes in Milnor during this quarter. Parents, as well as professional day care providers participated, earning credit to maintain their credentials.

On November 9, I teamed up with Ransom County FCS agent, Deb Lee, to team-teach four sessions of Basic Budgeting to 146 high school students from six schools who participated in the Town and Country Credit Union Financial Literacy Seminar in Fargo.