

RLND Class VII Seminar Two

Minot, ND - Personal Leadership Development

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The 29 members of RLND class VII (2015-2017) met for the second time in Minot, ND on January 13-15. The seminar was modeled around personal leadership development. Upon arrival the participants shared insights and learnings from the November 2015 Orientation Seminar.

Ron Wiederholt, SE District Director with NDSU Extension Service and Kathy Tweeten, consultant, presented information on Emotional Intelligence (EQ). Class VII members learned their own EQ scores then broke into groups and elaborated on areas where their EQ was the strongest and areas where they can improve.

Wednesday evening Class VII participants attended a RLND Leadership Dinner. RLND alumni and council members were in attendance as well. Megan Laudenschlager, Strengthen ND founder, was the guest speaker. Megan's presentation included real life experiences of getting people in the community to come together for a common cause such as "Magic 60" and "Magic Day of Giving".

Thursday morning class members learned about managing conflict and the four responses one may have when presented with conflicting situations. Members would also tie into the DiSC assessment that was presented to them in November's Orientation Seminar.



Class VII at Minot Scandinavian Center

Class VII participants then boarded a bus and started a tour around Minot starting with a visit to North Dakota Port Services where they learned about what the ND Port Services does and also news about the exciting expansion they are going through at this time. After leaving the Port Services the class went to the Minot Milling Company. The group toured the milling company learning the different steps of the

milling process from grain to flour. The mill processes mostly hard red spring wheat and durum wheat.



Brad Haugeberg, CHS SunPrairie

Lunch was served at CHS SunPrairie meeting room. Lunch speakers included Brad Haugeberg, General Manager, CHS SunPrairie. Brad shared information about CHS and the SunPrairie organization. Andy Solsvig, Minot Airport Director, gave an overview of the new Minot airport that will open this spring. Mark Lyman from Odney Advertising shared information on the downtown infrastructure (sewer, storm and water pipe) replacement project.

From CHS SunPrairie class members took a short trip to the ADT canola crushing plant in Velva, ND. They were met by Eric Mack, ADM Manager, who explained the canola crushing process from the initial canola product coming in to all the products (canola oil for bio diesel and human use) going out.

Friday morning Class VII members discussed the first two of five leadership practices from the book, Leadership Challenge, the leadership philosophy of the RLND Program. Concluding the seminar class members shared insights and learnings from seminar two and looked ahead to seminar three in Fargo in February and seminar four in Washington D.C. in March.



Larry Luick, Joni Tillich and Kristi Schultz discussing Leadership Challenge book