

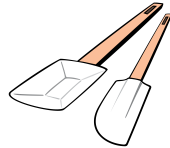
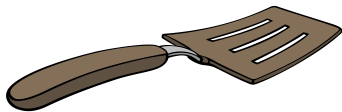


KIDS COOKING SCHOOL

June 24 and 25, 2019

No charge

12:30 - 5:30 p.m.



Fairmount School Cafeteria

NDSU

EXTENSION
RICHLAND COUNTY

Fairmount, ND

NDSU is an equal opportunity educator, employer and provider. Visit ndsuh.edu/equity or call 701-231-7708.

Individuals with disabilities are invited to request reasonable accommodations to participate in NDSU-sponsored programs and events. To request an accommodation(s), please contact Richland County Extension at 701-642-7793 by June 21, 2019, to make arrangements.

Students who have completed grades 3 - 6 are welcome!

Space is limited.
Please register by
June 21 -
701.642.7793

Hands-on preparation
and eat what you
prepare!

- Reading Nutrition Labels
- Preparing Snacks and Meals
- Balancing a Plate
- Eating on the Run
- Get Started Gardening
- Food Preservation
- Eating Right While Eating Out
- Exploring our Food System: From Farm or Ranch to Table

NDSU EXTENSION
RICHLAND COUNTY

418 2nd Ave N.
Wahpeton ND 58075
701.642.7793

Kayla Carlson
Ronda Gripentrog
Extension Agents
kayla.l.carlson@ndsuh.edu
ronda.gripentrog@ndsuh.edu