

Let's Learn About Sheep!



There are 914 different kinds or breeds of sheep in the world!

Did You Know?

A male sheep is called a **ram**.

A female sheep is called a **ewe**.

A young sheep is called a **lamb**.



The U.S. has **more than 40 different breeds** of sheep.

Some of the more popular breeds in the U.S. are:



Most lambs are born in the **spring**.

Ewes can give birth to one, two or three lambs — and sometimes even four or five!

Lambs stay with their mother until they are 2 or 3 months old, and are considered full grown at about 6 months old.



Other breeds of sheep in the world are:



Woolly Words!

Wool is a **natural fiber** that comes from sheep. Wool clothes are cool in the summer and very warm in the winter.

Wool will not catch on fire. This means it is **flame resistant**.



Most farmers and ranchers will **shear**, or remove the wool from their sheep, during the spring. The wool is removed in one piece called a **fleece**. The fleece is then **scoured**, or washed, in a big tub to remove dirt, grease and grass. The clean wool is **carded** to straighten the fibers and then it is **spun** into yarn.



Lamb is Healthy!

Lamb contains many important vitamins and minerals. Lamb is a good source of **protein**. Protein helps build muscles and strong bones. Lamb is a good source of **iron and B vitamins**. Iron and B vitamins give people energy. Lamb is a great source of **zinc**. Zinc helps make hair healthy and shiny.



For great lamb recipes go to: www.americanlambboard.org

Want to Learn More?

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