

Signature Programs	Core Programs	Pilot Programs	Professional Development Opportunities
<p><b>Youth</b></p> <ol style="list-style-type: none"> <li>1. On the Move to Better Health (5<sup>th</sup> Grade)</li> <li>2. On the Move Junior (2<sup>nd</sup> Grade)</li> <li>3. Go Wild for Fruits &amp; Veggies (3<sup>rd</sup> Grade)</li> </ol> <p><b>Adult</b></p> <p>Nourish Your Body series</p> <p>National Diabetes Prevention Program (NDPP)</p> <p>Eating Smart, Being Active (EFNEP)</p> <p><b><u>Policy, Systems and Environment</u></b></p> <p>Smarter Lunchrooms</p>	<p><b>Youth</b></p> <p>On the Move Kids Cooking School Teens Serving Food Safely On the Move Afterschool Tool Kit</p> <p><b>Adult</b></p> <p>Food preservation</p> <p>For a menu of available programs, see Nutrition, Food Safety and Health lessons database on the Google Drive</p> <p>For a menu of available EFNEP/FNP programs, see Approved Curricula List under Food Wise on the Google Drive</p>	<p><b>Youth</b></p> <p>On the Move to Stronger Bodies (4<sup>th</sup> grade)</p> <p><b>Adult</b></p> <p>The Family Table #Adulting Cottage Food Law</p>	<p>ND Nutrition Council conference, location and date TBD <a href="https://www.ag.ndsu.edu/ndnc">https://www.ag.ndsu.edu/ndnc</a></p> <p>NDSU Extension Planning Team Professional Development, Location and date TBD <a href="https://www.ag.ndsu.edu/programplanning/program-teams/nutrition-food-safety-and-health">https://www.ag.ndsu.edu/programplanning/program-teams/nutrition-food-safety-and-health</a></p> <p>Diabetes Prevention Program Life Coach Training, <a href="http://www.diabetesnd.org/">http://www.diabetesnd.org/</a>, <a href="http://www.cdc.gov/diabetes/prevention/">http://www.cdc.gov/diabetes/prevention/</a></p> <p>National Health Outreach Conference, Bloomington, MN, May 2-4, 2018 <a href="http://www.nationalhealthoutreach.org/">http://www.nationalhealthoutreach.org/</a></p> <p>Society for Nutrition Education and Behavior Conference, Minneapolis, MN, July 21-24, 2018 <a href="http://www.sneb.org/">http://www.sneb.org/</a></p> <p>National Extension Association of Family &amp; Consumer Sciences Conference, San Antonio, TX, Sept 24-27, 2018 <a href="http://www.neafcs.org/">http://www.neafcs.org/</a></p>

## **Existing or Proposed Alternative Delivery**

- Teens Serving Food Safely (high school and middle school teachers)
- On the Move Afterschool (teens in afterschool programs)
- On the Move to Better Health (college health/nutrition majors and nurses)
- Food Preservation (master gardeners and/or core agent groups )