



# Active Parenting: First Five Years

(Caring for Children: First Five Years)

Tuesday evenings - October 9, 16 & 23

6:30 - 8 pm

224 4th St. NW, Suite 7, Devils Lake

(West Pederson Building, south of Roosevelt Park)



Please register by  
October 4 by calling  
(701) 256-2560 or email  
[macine.lukach@ndsu.edu](mailto:macine.lukach@ndsu.edu)

Have **fun, meet** other parents and **learn** effective skills for parenting young children ages 0-5.

Learn more about:

Building a bond with your child

Ages and stages of development

Your child's growing brain

Using mindfulness to de-stress

Discipline for young children

Power of encouragement

Approved by North Dakota  
Growing Futures for 4.5 hours.

**NDSU**

EXTENSION



This class is **FREE** and  
presented by the Parent  
Resource Center | Region 3.

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