

Conscious Discipline



- ◆ Instill empathy so children are respectful and responsible.
- ◆ Communicate effectively so kids listen.
- ◆ Make your parenting language effective.
- ◆ Teach the skills of cooperation & caring.
- ◆ Reduce power struggles.
- ◆ Learn conflict resolution skills.
- ◆ Create a positive, healthy relationship with your child.

6:30-8:00 p.m.

Tuesdays, October 30, November 6, 13, 20 and 27

**North Viking Lutheran Church
308 Central Ave., Maddock**

Register by calling Lori Keller at 701-341-1617
or email macine.lukach@ndsu.edu by **Thursday, October 25th**

ND Growing Futures
approved for
7.5 hours.

Presented by Parent & Family Resource Center | Region 3
in collaboration with ND Department of Human Services -
Children and Family Services Division
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EXTENSION