NDSU Extension Service Family and Consumer Sciences programs make a difference:

**Stepping On**
Seniors experiencing falls
- Before: 52%
- After: 9%

**Family Nutrition Program**
Adults making economical and nutritional meals at home
- Before: 29%
- After: 71%

**Expanded Food and Nutrition Education Program**
Cost benefit ratio: healthcare cost savings
- Spent: $1
- Benefit: $8.82

**Design Your Succession Plan**
Farmers/ranchers prepared to meet with professional
- Before: 18%
- After: 94%