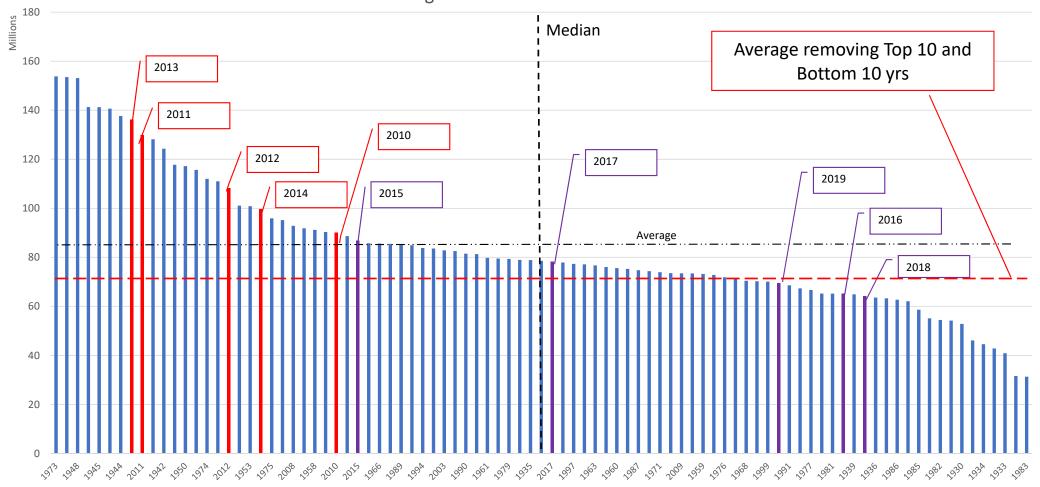
# ND Farm Economy and Farm Financial Stress

Bryon J Parman, Ph.D.

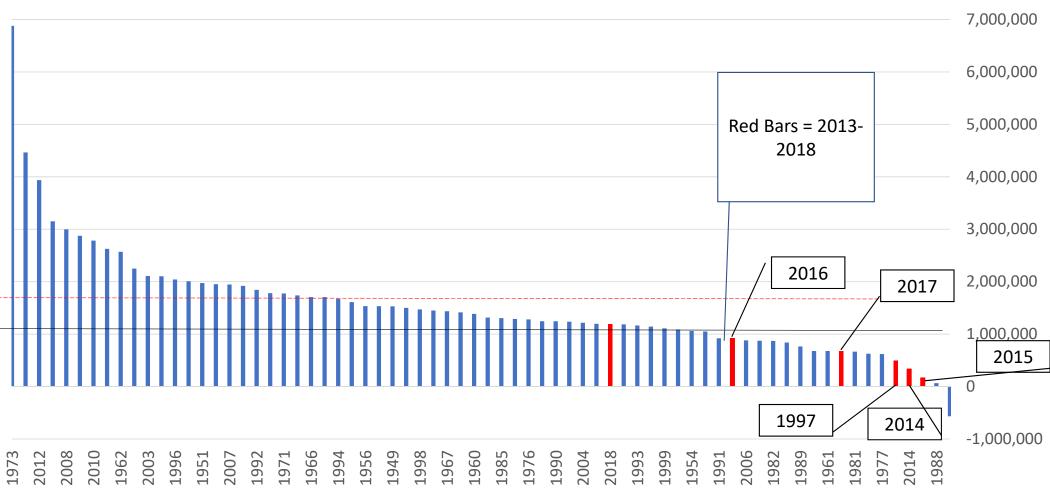
Department of Ag. Business and Applied Economics NDSU Extension







#### Ranking North Dakota Net Farm Income 1949-2018

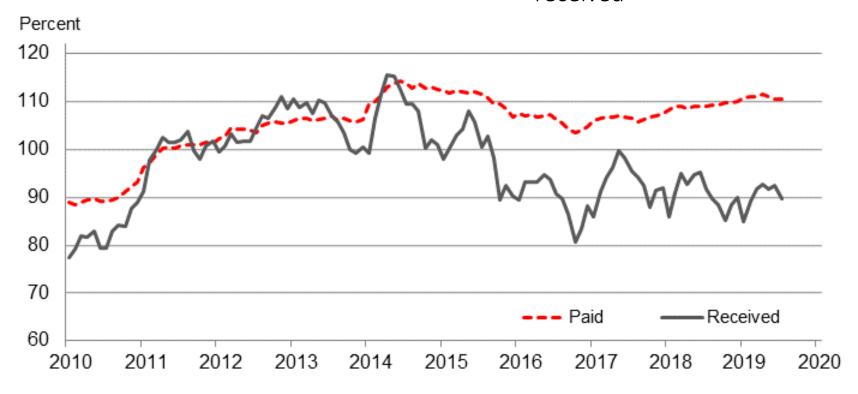


# Projections for 2019 Set to Be Higher

- Net farm income, a broad measure of profits, is forecast to increase \$8.5 billion (10.2 percent) to \$92.5 billion in 2019, after increasing in both 2017 and 2018.
- In inflation-adjusted 2019 dollars, net farm income is forecast to increase \$7.0 billion (8.2 percent) from 2018.
- If realized, in inflation-adjusted terms, net farm income in 2019 would be 32.3 percent below its peak of \$136.6 billion in 2013 but 2.8 percent above its 2000-18 average (\$90.1 billion).

Received and Paid Indexes, All Items by Month – United States: 2011=100

Commodity prices index. Prices paid vs. received



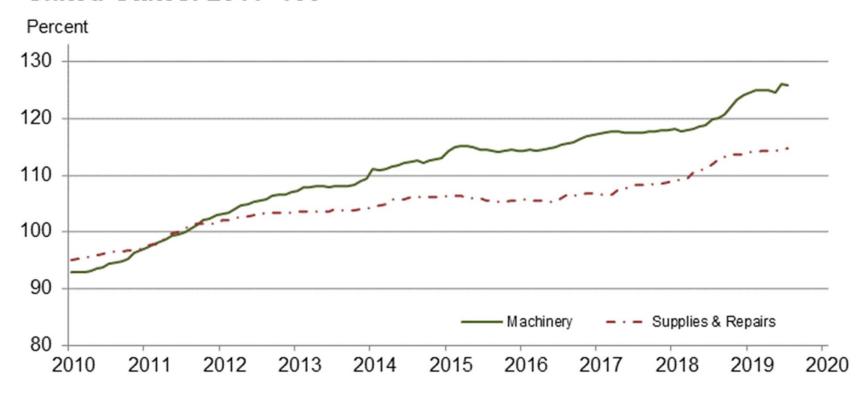
USDA - NASS 08/30/2019

#### Paid Indexes by Non-farm Origin and Month, Chemicals, Fertilizer, and Fuels – United States: 2011=100

Percent Chemicals Fertilizer 

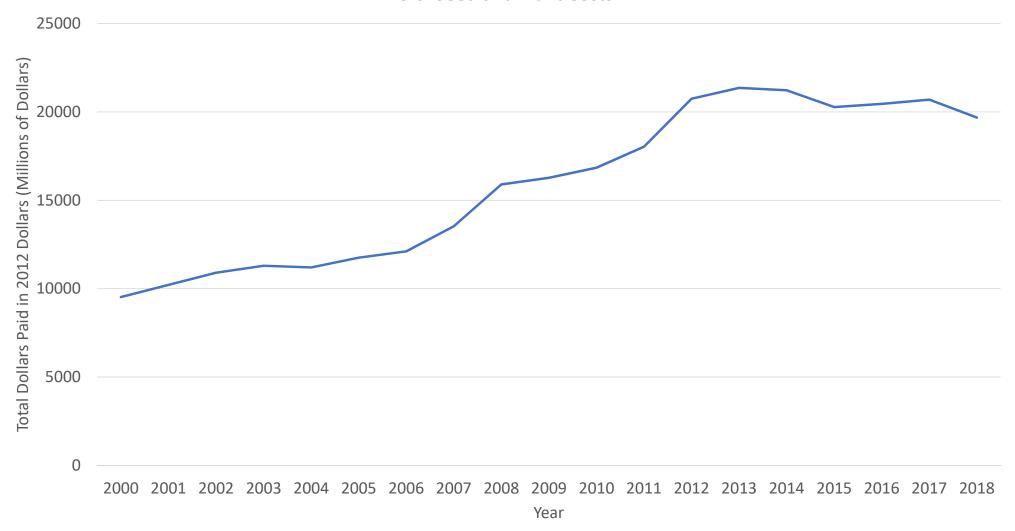
> USDA - NASS 08/30/2019

#### Paid Indexes by Non-farm Origin and Month, Machinery and Supplies & Repairs – United States: 2011=100



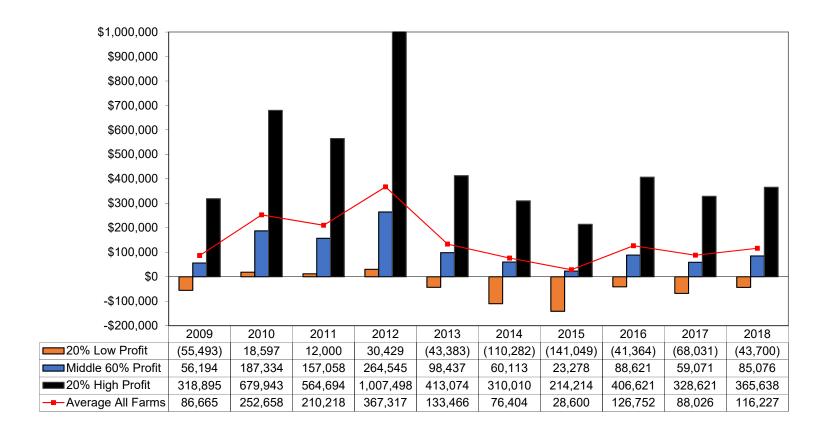
USDA - NASS 08/30/2019





#### ND State Net Farm Income (Accrual) Per Farm

N.D. Farm Business Management Education Program



## ND Farm Financial Scorecard 2018

	Vulnerable				Strong
Current Ratio		<1.3	1.7	<2.0	
Working Capital/Gross Revenues		<10%		<30%	34.6%
Debt to asset		>60%	34%	>30%	
Equity to asset		<40%	66%	<70%	
Debt to equity		>1.5		>0.43	.51
RoR on farm assets		<4%	4.5%	<8%	
RoR on farm equity		<3%	4.5%	<10%	
Operating profit margin	12.3%	<15%		<25%	
Term-debt coverage		<1.25		<1.75	1.85
Replacement margin coverage		<1.1	1.3	<1.5	
Asset Turnover	29.2%	<30%		<45%	
Operating expense		>80%	73.4%	>60%	
Depreciation expense		>10%	8%	>5%	
Interest Expense		>10%		>5%	4.7%
Net Farm income		<10%	12.8%	<20%	

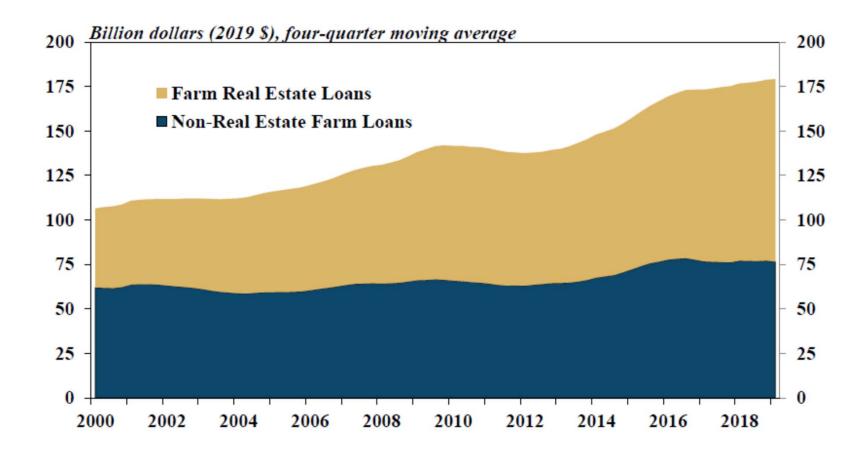
## ND Farm Financial Scorecard 2017

	Vulnerable				Strong
Current Ratio		<1.3	1.85	<2.0	
Working Capital/Gross Revenues		<10%		<30%	41.2%
Debt to asset		>60%	31%	>30%	
Equity to asset		<40%	69%	<70%	
Debt to equity		>1.5	.45	>0.43	
RoR on farm assets	3.6%	<4%		<8%	
RoR on farm equity		<3%	3.3%	<10%	
Operating profit margin	10.8%	<15%		<25%	
Term-debt coverage		<1.25	1.55	<1.75	
Replacement margin coverage		<1.1	1.3	<1.5	
Asset Turnover		<30%	33.2%	<45%	
Operating expense		>80%	74%	>60%	
Depreciation expense		>10%	8.6%	>5%	
Interest Expense		>10%		>5%	4.6%
Net Farm income		<10%	12.8%	<20%	

ND Farm Financial Scorecard 2018 (W/o top 20%)

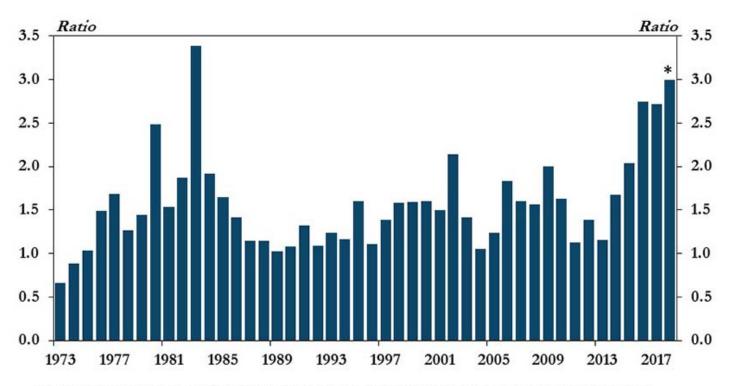
	Vulnerable			•	Strong
Current Ratio		<1.3	1.42	<2.0	
Working Capital/Gross Revenues		<10%	22.8%	<30%	
Debt to asset		>60%	38%	>30%	
Equity to asset		<40%	62%	<70%	
Debt to equity		>1.5	0.6	>0.43	
RoR on farm assets	2.2%	<4%		<8%	
RoR on farm equity	0.1%	<3%		<10%	
Operating profit margin	6.3%	<15%		<25%	
Term-debt coverage	1.13	<1.25		<1.75	
Replacement margin coverage	0.83	<1.1		<1.5	
Asset Turnover		<30%	34.8%	<45%	
Operating expense		>80%	78.8%	>60%	
Depreciation expense		>10%	7.9%	>5%	
Interest Expense		>10%	5.9%	>5%	
Net Farm income	7.4%	<10%		<20%	

#### Kansas City Federal Reserve – Farm Debt Outstanding at Commercial Banks



Source: Agricultural Finance Databook, Table B.1.

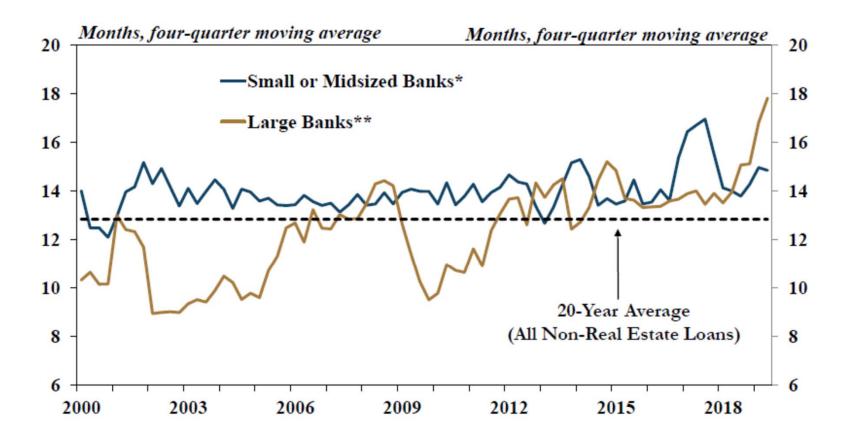
# Chart 8: Ratio of Farm Debt at Commercial Banks to U.S. Farm Income



\*Based on USDA forecast for 2018 and farm debt at commercial banks rising at the average pace of the past four quarters.

Source: Agricultural Finance Databook, Table B.1 and USDA

### Chart 4: Average Maturity of Non-Real Estate Farms Loans



Increasing loan
Maturity indicates
Either many new
Purchases or a lot
Of restructuring.

# Chart 4: Change in Tenth District Crop Producer Working Capital, Third Quarter

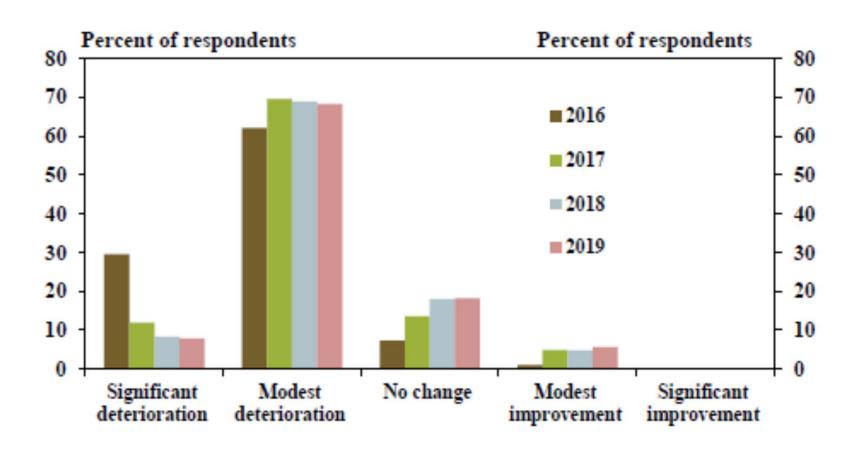
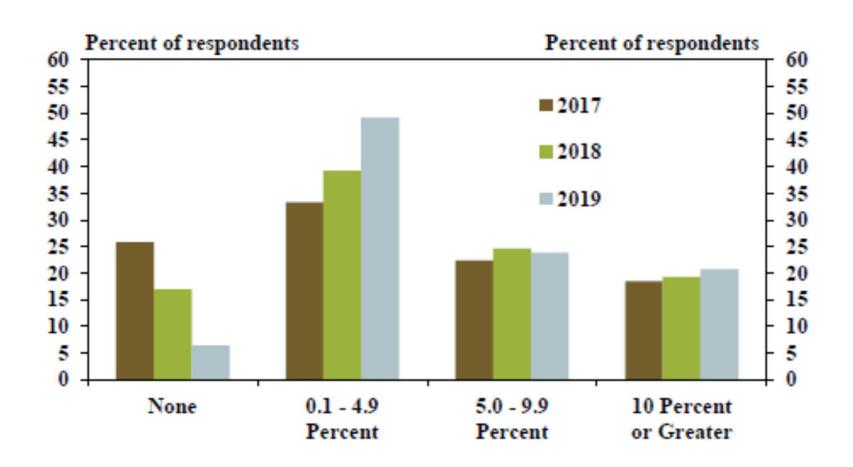
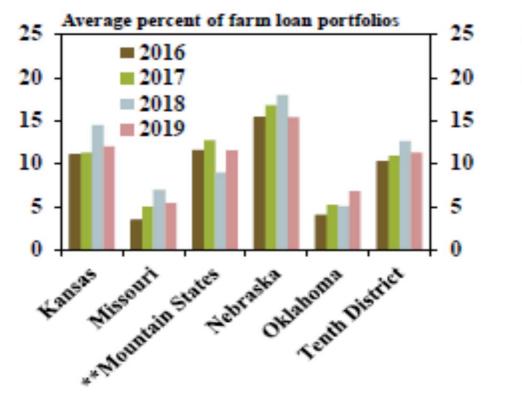


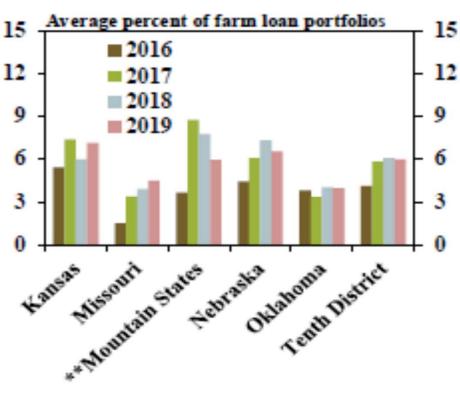
Chart 5: Share of Tenth District Borrowers Planning to Sell Mid- to Long-Term Assets\*, Third Quarter



### Chart 9: Tenth District Problem Loan Rates, Third Quarter

Watch List\* Classified List\*





## Minneapolis Fed Ag. Credit Survey – 2<sup>nd</sup> Quarter

Percent of respondents who reported <u>decreased</u>
levels for the past three months compared with the same period last year:

	MN	MT	ND	SD	WI	Ninth District
Rate of loan repayments	41	14	47	58	33	44
Net farm income	<b>62</b>	57	<u>74</u>	58	50	62
Farm household spending	44	_	42	37	50	38
Farm capital spending	63	29	<u>68</u>	78	50	64
Loan demand	19	29	16	16	17	18

# Minneapolis Fed Ag. Credit Survey – 3rd Quarter

Percent of respondents who reported <u>decreased</u>
levels for the past three months compared with the same period last year:

	MN	MT	ND	SD	WI	Ninth District
Rate of loan repayments	54	_	56	42	17	44
Net farm income	65	60	<b>76</b>	58	17	62
Farm household spending	35	20	47	37	17	36
Farm capital spending	54	25	71	72	33	59
Loan demand	19	20	29	16	_	19

# Minneapolis Fed Ag. Credit Survey 2<sup>nd</sup> Quarter

Percent of respondents who reported <u>increased</u> levels for the past three months compared with the same period last year:

	MN	MT	ND	SD	WI	Ninth District
Loan renewals or extensions	41	14	<u>63</u>	32	50	42
Referrals to other lenders	8	29	6	16	_	11
Amount of collateral required	13	_	11	42	_	21
Loan demand	33	14	<u>47</u>	42	67	40

## Minneapolis Fed Ag. Credit Survey 3rd Quarter

# Percent of respondents who reported <u>increased</u> levels for the past three months compared with the same period last year:

	MN	МТ	ND	SD	WI	Ninth District
Loan renewals or extensions	58	_	76	28	33	49
Referrals to other lenders	12	_	_	_	_	5
Amount of collateral required	20	_	_	32	17	17
Loan demand	35	40	18	26	17	27

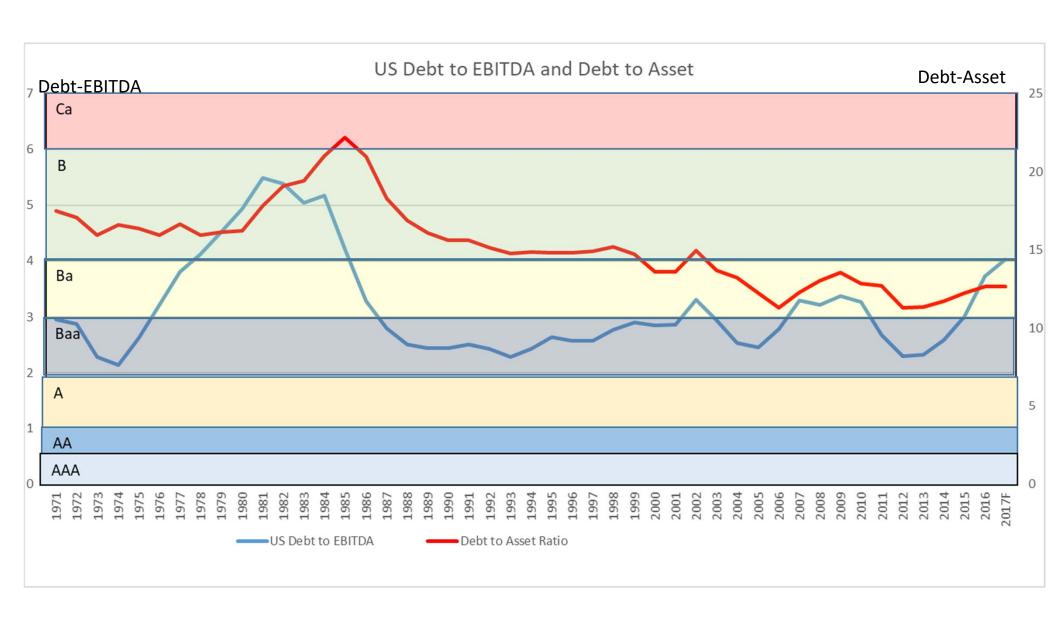
Using Debt To EBITDA Ratio (Earnings Before Interest, Taxes, Depreciation, and Amortization)

 -It may be too late by the time poor solvency ratios (D/A or D/E) are the predominant reason for credit denials

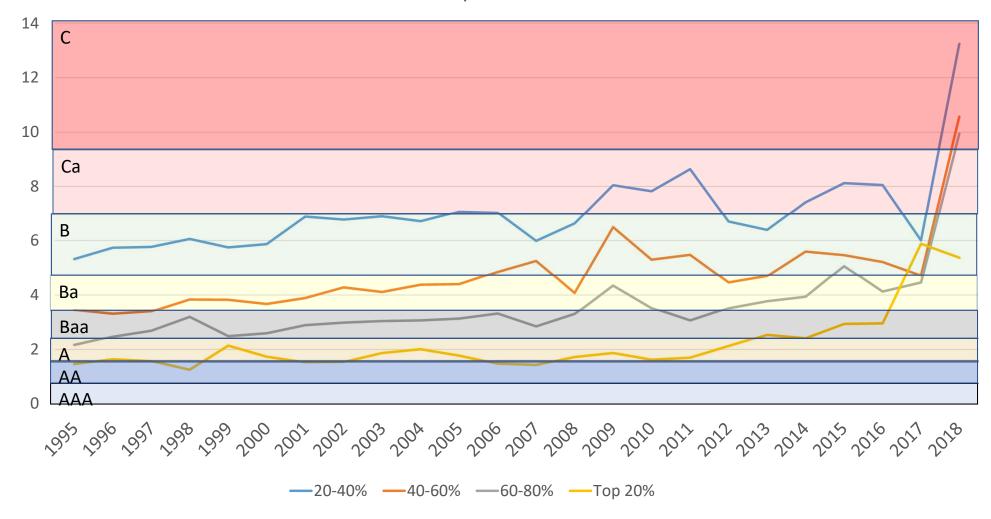
 The following charts use debt – average EBITDA where earnings are averaged over a two year period.

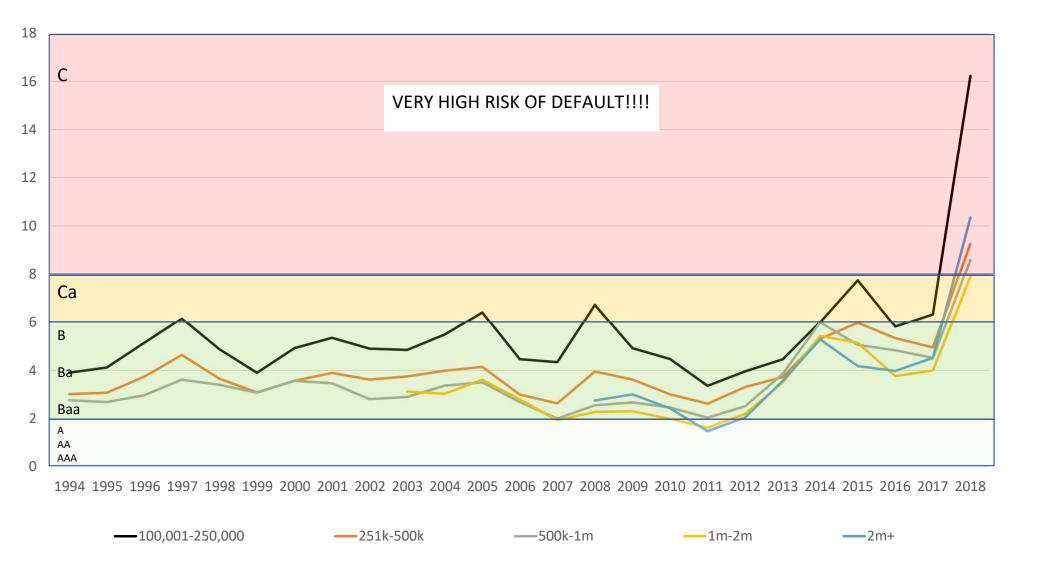
# Debt – EBITDA Ratio Credit Rating for Ag.

Moody's Rating								
	Investment Grade							
AAA	0 – 0.50	Highest – Lowest Credit Risk						
AA	0.51 – 1.00	High - Grade						
Α	1.01 – 2.00	Upper – Medium Grade						
	Speculative Grade							
Baa	2.01 – 3.00	Medium Grade						
Ва	3.01 – 4.00	Speculative elements						
В	4.01 – 6.00	Subject to high credit risk						
Ca	6.01 – 8.00	Highly Speculative						
С	> 8.00 or < 0	Lowest Rating – In default w/ low recovery prospects						



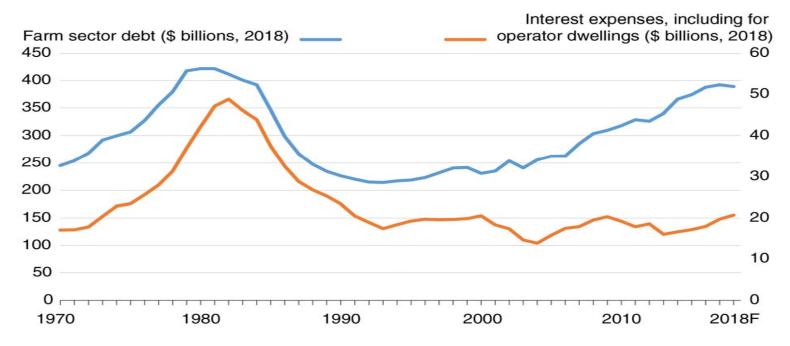
#### ND Debt To EBITDA by Net Farm Income Pct.





## Interest Rates Impact on Agriculture

#### Farm sector debt at 30-year high, though interest expenses remain low

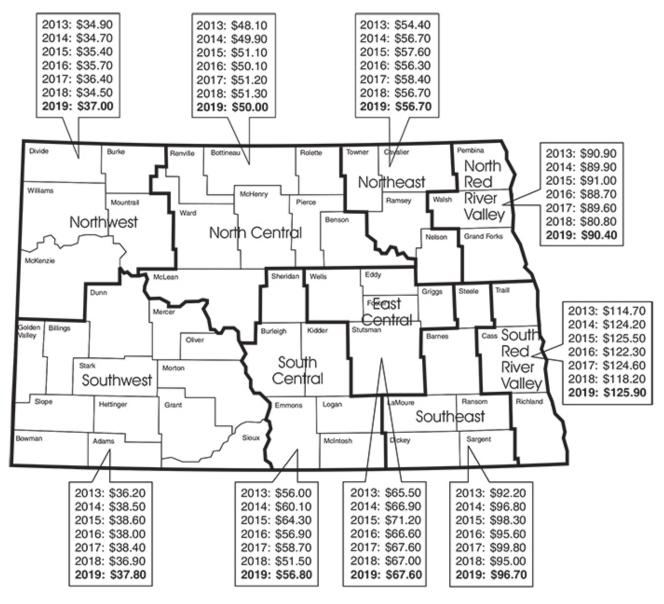


Note: F= Forecast. The GDP chain-type price index is used to allow purchasing power comparisons over time, converting the nominal (current-dollar) statistics to real (inflation-adjusted) amounts (2018=100).

Source: USDA, Economic Research Service, Farm Income and Wealth Statistics Data as of February 7, 2018.

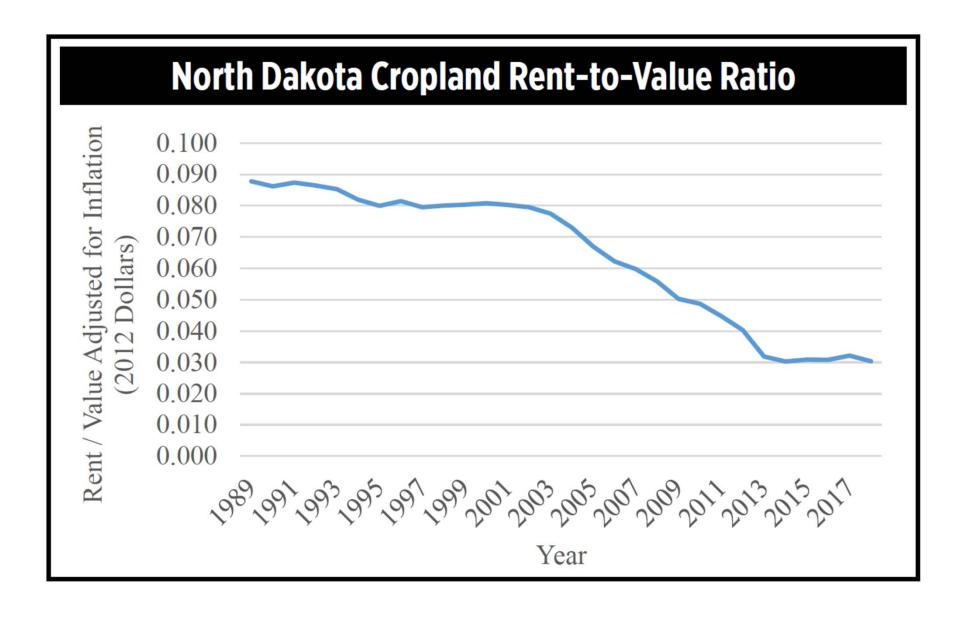
# Minneapolis FED Quarterly Ag. Interest Rate Survey

		Operating		Machinery		Real Estate	2
		Fixed	Var.	Fixed	Var.	Fixed	Var.
Q1-17	April	5.5	5.2	5.5	5.2	5.3	5.0
Q2-17	July	5.6	5.3	5.5	5.3	5.3	5.1
Q3-17	October	5.5	5.4	5.6	5.4	5.3	5.2
Q4-17	January	5.7	5.5	5.7	5.4	5.5	5.2
Q1-18	April	5.8	5.6	5.8	5.5	5.6	5.3
Q2-18	<u>July</u>	<u>6.0</u>	<u>5.8</u>	<u>6.0</u>	<u>5.7</u>	<u>5.7</u>	<u>5.5</u>
Q3-18	October	6.1	5.9	6.1	5.8	5.9	5.6
Q4-18	January	6.2	6.0	6.1	5.9	5.9	5.7
Q1-19	April	6.4	6.2	6.2	6.0	6.0	5.8
Q2-19	<u>July</u>	<u>6.3</u>	<u>6.1</u>	<u>6.1</u>	<u>6.0</u>	<u>5.9</u>	<u>5.7</u>
Q3-19	<u>October</u>	<u>6.1</u>	<u>5.9</u>	<u>5.9</u>	<u>5.8</u>	<u>5.7</u>	<u>5.5</u>

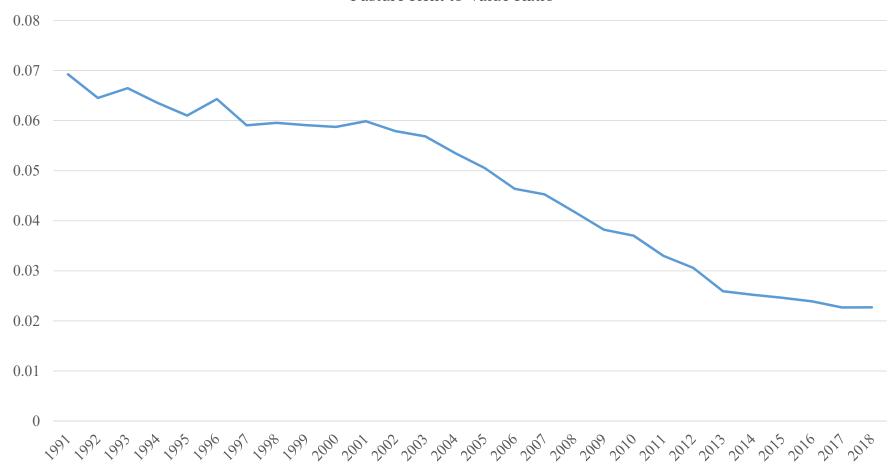


#### North Dakota Cash Rents 2013 - 2019

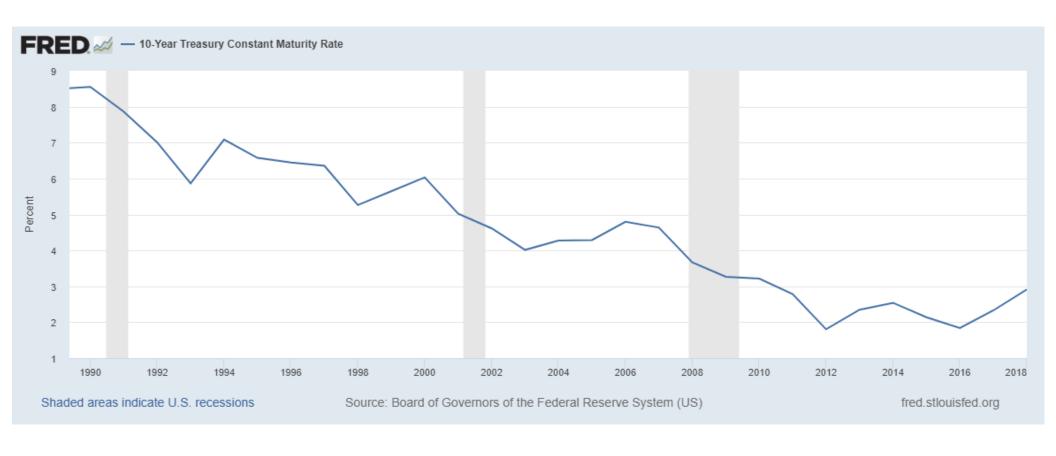
The Red River Valley approaching all time highs while other portions of the state Well off their all time highs.

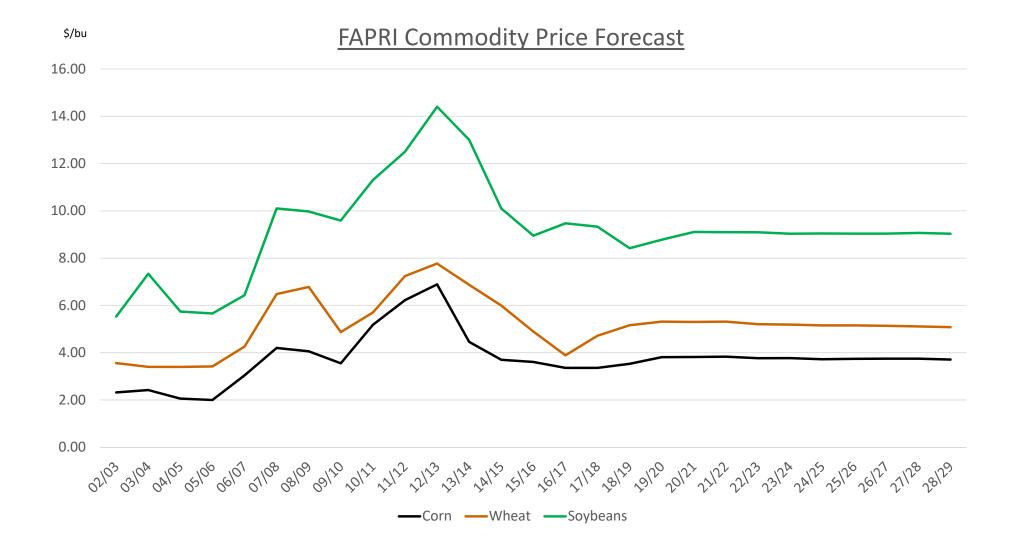


#### Pasture Rent to Value Ratio



### 10 Year T-Bill Yield 1989 - 2019





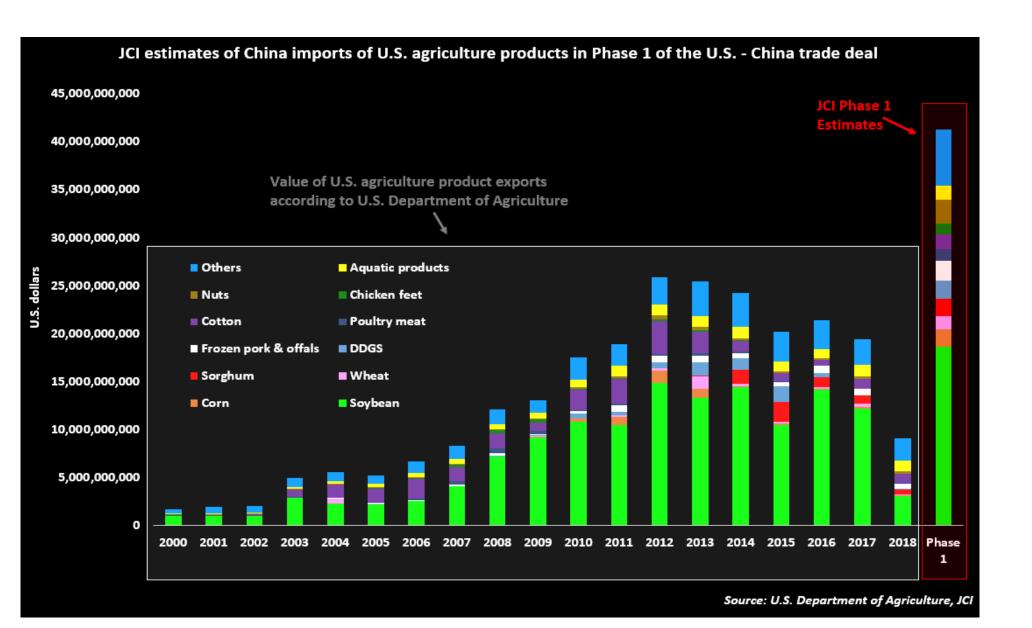
#### JCI estimate of China's annual purchase volume of U.S. farm products under Phase 1 of the U.S.-China trade deal

Products	Projected import volume (Tonnes)	Projected import value (USD)	Record high import volume (Tonnes)	Year of record import volume	Projected volume change vs record
Soybean	45,000,000	18,675,000,000	33,660,000	2016	34%
Corn	8,000,000	1,760,000,000	5,110,000	2012	57%
Wheat	5,000,000	1,425,000,000	3,820,000	2013	31%
Sorghum	8,000,000	1,832,000,000	8,970,000	2015	-11%
DDGS	8,000,000	1,840,000,000	6,820,000	2015	17%
Frozen pork & offals	1,000,000	2,073,000,000	300,000	2011	233%
Poultry meat	450,000	1,203,000,000	350,000	2013	29%
Cotton	800,000	1,567,000,000	530,000	2018	51%
Chicken feet	500,000	1,071,000,000	140,000	2017	257%
Nuts	-	2,500,000,000			
Aquatic products	460,000	1,478,000,000			
Others		5,900,000,000			
<u>Total</u>		41,324,000,000			

#### Notes:

- 1. The estimate JCI made regarding the purchase volume in the table is under the ideal situation that the weather, the quality and the prices are all favorable for China's purchase.
- 2. The volume here does not include the purchase volume that may be recruited for Chinese state reserves
- 3. The volume here does not include transit trade from Hong Kong to mainland China and the volume smuggled to China.
- 4. The volume here does not include the import volume of agricultural machinery and forestry products.

Source: JCI



#### Thank You

Bryon J. Parman, Ph.D Agricultural Financial Specialist North Dakota State University Extension 701-231-8248

bryon.parman@ndsu.edu





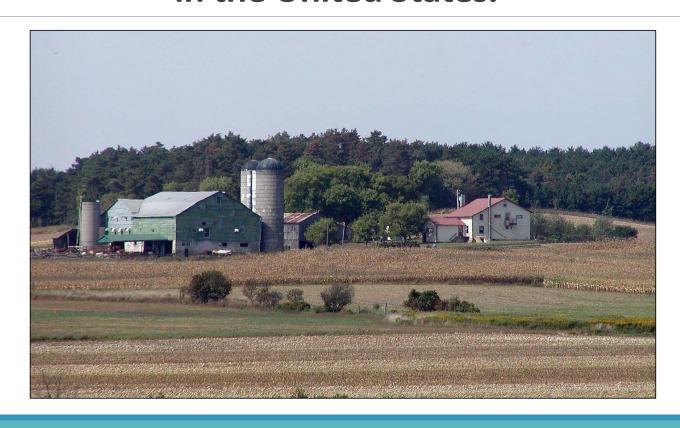
# Which Matters More? Tractor Maintenance vs. Farmer Maintenance







# Farming ranks in the top ten most stressful occupations in the United States.



# Why So Much Stress?

- King Kong-size
  Sources of rural stress
- Weather drought or moisture
- Prices crop prices drop by a third to half



### Why is Rural Stress Hard on Individuals?

- Individual levels of stress are linked to how a person perceives the source of stress - their orientation to the stressor.
- Many persons see it not as a change of job, but as a loss of self.
- Many practice the 11th Commandment orientation - "Thou shalt farm!"



### Key Messages on Rural Stress

- Your <u>health is your most important asset</u> as a farmer, rancher or agricultural worker.
- Farmer and farmworker <u>health and safety is the</u> most important priority in managing any farm or ranch operation.

Good stress management is good farm management!

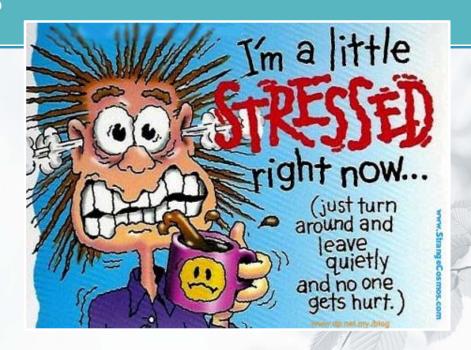
## Your Health = Your Horsepower



#### What is Stress?

#### **Stress definition:**

A state of physical, mental or emotional strain or tension resulting from difficult or demanding circumstances



#### **Discussion Question**

- How do you know you are feeling stressed?
- Physical, mental, emotional, social signs



## **Key Sources of Rural Stress – Farm Financial Situation**

- Net farm/ranch income decline
- Debt/asset ratio meeting debt payments
- Cash flow on the operation
- Arranging financing
- Complicated or strained decision making – tendency to make worse decisions under stress





# **Key Sources of Rural Stress – Family Financial Situation**



- Ability to meet family living expenses
- Long hours, two or three jobs, balancing work and family
- Sense of inadequacy due to economic difficulties
- Facing the challenge of having to leave the farm (generational legacy)

NDSU EXTENSION SERVICE

### **Warning Signs of Stress**

Stress signs are warning signals to slow down and focus on wellness.



NDSU EXTENSION SERVICE

Managing Stress and Pursuing Wellness

## Stress Signals – Physical and Emotional / Mental

#### **Physical Signs of Stress**

- Head/Tooth aching
- Tension in the body
- Stomach upset, Ulcers
- Breathing short, labored
- Sweating, Shaking
- Body fatigue, tiredness
- Numbness

#### **Emotional Signs of Stress**

- Irritable about little things
- Sense of frustration, anger
- Impatient, restless
- Feeling discouraged, hopeless
- Withdrawal from others, isolation
- Anxiety, panic feelings
- Difficulty concentrating



# Stress Signals – Behavioral and Relationship

#### **Behavioral Signs of Stress**

- Difficulties with sleep
- Inability to relax, concentrate
- Getting angry easily
- Trouble making decisions
- Increased use of alcohol or other drugs
- Difficulty being flexible
- Overeating or loss of appetite

#### **Relationship Signs of Stress**

- Communication difficulties
- Picking fights
- Lack of satisfaction
- Verbal or physical outbursts, abuse
- Avoiding others
- Lack of time with spouse, children, others
- Withdrawal and Isolation



## Coping Methods for Stress – **Positive or More Effective Methods**

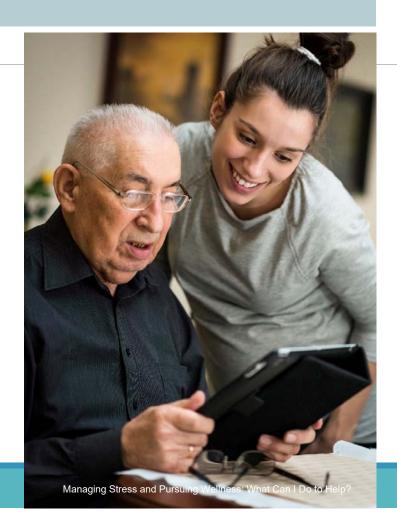


# Asking for Help – How to Make It Easier

- Build rapport people are more likely to ask for help from someone they trust and perceive as warm, empathetic, and genuine.
- Confidentiality is key.
- Avoid labels or minimizing the situation.
- Know your <u>resources</u> and be prepared to refer.
- Always <u>follow up</u>.

## What can I do to help?

- Be consistent and patient in your expression of concern.
- Be direct in your approach.
- Exhibit a nonjudgmental attitude.
- Give specific examples of behaviors that concern you.
- Use statements such as,"I am concerned about you."



### What can I do to help?

- Be aware of resources and be prepared with referral information. Is help needed you can't provide?
- Discuss referral "\_\_\_\_ could help."
- Don't be discouraged if the person is not ready to accept your assistance.
- Don't worry if you don't say things perfectly.
- Encourage the person to get proper professional assistance.



# Resources for Responding to Farm/Ranch Stress

- Hotline Numbers, Healthcare Visit
- Thematic Resource Pages Online on Farm Stress & Related Issues
- Educational Resources & Publications brochures; fact sheets; etc.
- Variety of Farm Stress Resources

## **Key Resources – Mental and Emotional Health**

- Call 2-1-1 Statewide 24-hour helpline, health and human services information and referral (FirstLink)
- Refer to a local health-care provider or mental health professional. If you or someone you know needs help, contact and connect with a local professional such as a clergy member, medical professional, law enforcement, school counselor or social worker.
- National Suicide Prevention Lifeline:
   1-800-273-8255 (TALK)

# Links to Further Information Online

- > NDSU Extension Related Websites
  - > Farm/Ranch Stress
  - https://www.ag.ndsu.edu/farmranchstress
  - ND Human Services Resource Website
  - http://www.nd.gov/dhs/info/pubs/docs/human-services-resourcesfor-farmers-ranchers-and-others.pdf
  - ➤ MN Dept. of Agriculture Farm Stress
  - https://www.mda.state.mn.us/about/mnfarmerstress

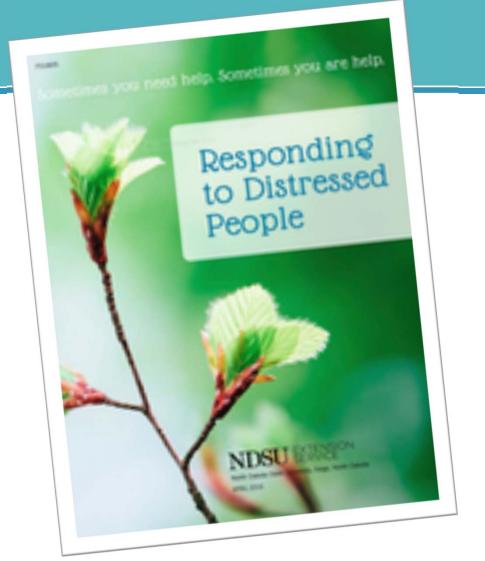
# Educational Publications and Resources on Farm/Ranch Stress

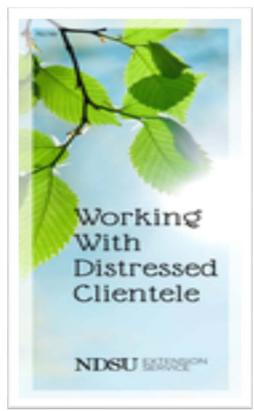
- "Stress Management Series for Farm/Ranch Families" (FS282, FS283, FS284, FS285, FS286, FS287)
- "Farming and Ranching in Tough Times" (FS1804)
- "Responding to Distressed People" (FS1805)
- "Working With Distressed Clientele" (FS1789)
- Links:

https://www.ag.ndsu.edu/farmranchstress

Managing Stress and Pursuing Wellness







# "Bootstraps" Wallet Handout & Table Tent

- Wearing out your bootstraps?
- You don't have to go it alone.
- Where to get help

- LSS-ND, NDSU Extension, Other



#### Start A Wellness Toolbox

- Start your Wellness Commitment – select 3 and start today.
- Pick a wellness partner
- Link:

https://www.ag.ndsu .edu/publications/kid s-family/12-tools-foryour-wellnesstoolbox-in-times-offarm-stress

Exercise 20 minutes or more daily (walk, swim, ride a bike, etc.). Physical activity enhances feeling good.

Get a medical checkup with a local health-care provider. Stress can cause or add to physical challenges.

Spend 10 minutes to plan your day and priorities. A few minutes of planning reduces stress and helps you stay focused.

Take regular five- to 10-minute breaks in your day to relax and recharge. Doing this multiple times a day renews your energy.

Write down three things that you are grateful for daily.

Conscious gratitude calms your mood.

Share concerns with a counselor or other professional. A listening ear helps lift your burdens.

day for uninterrupted conversation with a spouse or family member. A few minutes of planning reduces stress and helps you stay focused.

Take 15 minutes each

Get involved or stay connected with a friend or group of friends. Doing this multiple times a day renews your energy.

Discuss needs of the farm operation but do not let them occupy all other aspects of life. Plan other daily work tasks to shift your focus.

Seek constructive feedback on your farm operation and ways to grow or improve. Others can share ideas or assist in new ways.

Create a family budget and seek to live within your means. This helps give you a sense of financial control.

Select three healthy habits you will try to practice daily. Start today!

### Video and Audio Resources

- Online Farm Stress Management Course MSU "Weathering the Storm" - To find out more details or to register for a class, visit www.msue.msu.edu/onlinefarmstress.
- NDSU Extension Farm Stress Videos (10-15 minutes) show on phone; tablet; kitchen table; send link –
  - <a href="https://www.youtube.com/watch?v=M266Fd1vlfM&list=PLnn8HanJ32l7KMkfgSJbS7lKqzpfYQleM">https://www.youtube.com/watch?v=M266Fd1vlfM&list=PLnn8HanJ32l7KMkfgSJbS7lKqzpfYQleM</a> (YouTube playlist)
  - <a href="https://www.ag.ndsu.edu/farmranchstress">https://www.ag.ndsu.edu/farmranchstress</a> (NDSU Ext Web page)
- TransFarmation Podcast series U of MN Ag Dept; Red River Valley Farm Network –
  - https://www.rrfn.com/transfarmation/
- New Zealand Farm Strong Initiative
  - https://farmstrong.co.nz/

# Connect with Others via Their Stories – TransFarmation Podcast

The TransFarmation Podcast series – by MN Dept. of Agriculture; Red River Valley Farm Network

https://www.rrfn.com/transfarmation/



### Join the FarmStrong Initiative

New Zealand FarmStrong Initiative – focus on living well in agriculture

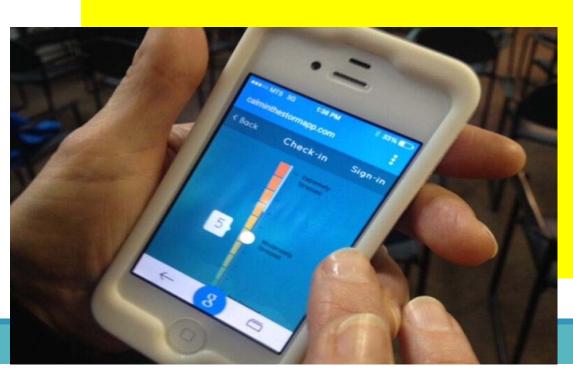
https://farmstrong.co.nz/



### There's An App for That . . .

Calm in the Storm - Mobile Stress app

http://calminthestormapp.com/





#### Farmers and Suicide Risk – Key Issue

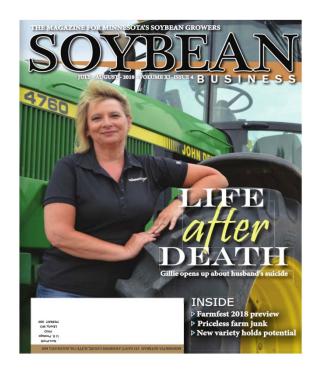
Increased attention to the issue of farm stress and suicide rates among farmers

Suicide rate of farmers high among occupational groups

"Preventing Farmer Suicide: Collaboration and Communication" (5 minutes)

https://www.youtube.com/watch
?v=iPDIyVAkeEo

(RHIHub - UND)



# More Information on Farm Stress Resources

Search for us online at:

"NDSU" and "Farm Stress"



NORTH DAKOTA STATE UNIVERSITY EXTENSION