

Morton County Extension News  
By Karla Meikle, NDSU Extension Service Morton County  
For the week of October 30, 2017

#### **4-H SHOOTING SPORTS PROGRAM AVAILABLE FOR AREA YOUTH**

Have you heard about the Morton County 4-H Shooting Sports program? If not, you are probably thinking to yourself, but 4-H is not about shooting sports. Well you are right to a degree. The 4-H Shooting Sports program is rather new to 4-H, within the last ten years, and it provides youth with some great opportunities to work with other youth and trained adult volunteer instructors. The 4-H Shooting Sports program is a non-traditional 4-H project helping youth to develop life skills, as well as safely use firearms. We use the shooting activities as a vehicle to teach teamwork, cooperation and responsibility. In 2017, the Morton County 4-H Archery team represented North Dakota at the National 4-H Shooting Sports Championships held in Grand Island, Nebraska placing 3rd overall and the 4-H Hunting Skills team placed 6th overall.

The archery program holds workouts on Mondays beginning January 8. Equipment is available for beginner archers during workouts. Workouts will teach safe handling and proper care of equipment, shooting techniques and ethics of a good shooter. Instructors are certified through the NDSU Extension Service Center for 4-H Shooting Sports program. There is a fee to participate in shooting sports to assist in covering the cost of insurance, 3-D targets, NASP targets, bows and arrows. Archery is open to all youth ages 8 through 18 as of January 1, 2018

The Small Bore Rifle program will collaborate with the Bismarck/Mandan Rifle and Pistol Association's Junior Marksmanship Program and their certified NRA instructors. If you are interested in the small-bore rifle program, the first workout will be held on December 7, 2017, at the Johnson Family Marksmanship Center located at 4667 Skyway in south Bismarck. The small-bore rifle program is open to all youth ages 12 through 18.

4-H Shooting Sports provides tournaments throughout the year at locations around the state. The first tournament is scheduled for January 27, 2018.

Participants in 4-H Shooting Sports are enrolled members of the 4-H program.

#### **CIVIC U**

Do you love running 4-H meetings? Do you want to become better at understanding and practicing Parliamentary Procedure? Do you like to have fun with other 4-H youth?

Then [CIVIC U](#) is for you!

Civic U, focuses on parliamentary procedure and leadership development for youth in grades six to eight, will be held on November 10 at the North Dakota 4-H Camp near Washburn. This is a team event. Each team consists of five members. So gather your team together now!

- Winning team will receive a large gavel traveling trophy
- Registration fee is \$50/team and includes a t-shirt and lunch
- Youth must be on a team to register

### **VOLUNTEER TRAININGS**

Join us for an evening to improve your skills as a 4-H teen or adult volunteer, parent, or staff member helping youth on their own 4-H journey! Attending one of these events is a great way for 4-H volunteers to gather new 4-H project ideas. 4-H volunteers are welcome to attend any location. Upcoming events include:

Emmons County  
Monday, November 6, 2017

Williams County  
Tuesday, November 7, 2017

Hettinger County  
Date: Monday, November 27, 2017

Benson County  
Date: Tuesday, November 28, 2017

LaMoure County  
Date: Thursday, November 30, 2017

Each location will offer 4-H project related workshops based on feedback from last year's 4-H volunteer training evaluations and Extension staff input. This year's workshops include:

- 1) Hippology: Where do I Begin?
- 2) Consumer Choices
- 3) Teaching 4-H Science through Rube Goldberg Machines
- 4) Outdoor Skills and Natural Resources
- 5) Take 10 for Citizenship

For additional information on volunteer workshops, contact the NDSU Extension Service Morton County at 701-667-3340 or by contacting Karla Meikle, 4-H Youth Development Morton County at [karla.meikle@ndsu.edu](mailto:karla.meikle@ndsu.edu).