The goal of this activity is to make a single sandwich with the best ingredients. Participants will be using their cumulative knowledge from this session, as well as from personal experience, to decide on a plan for community action.

Group project members will work together on their “sandwich.”

Post sandwich ingredients on the flip chart.

**Making the Sandwich**

Supply everyone with a stack of 3-by-5-inch index cards (eight for each person). Cards should be prepared ahead of time and indicate ingredients they represent:

- Card 1: Hope
- Card 2: Fear
- Card 3: Passion
- Card 4: Role
- Card 5: Time
- Card 6: Money
- Card 7: Fact
- Card 8: Reality

Each stack should be kept in this order. Notice that all of the ingredients are sandwiched between Hope and Reality.

Provide the following directions as participants refer to the handout that accompanies this activity:

1. Each person should write his or her specific “hope” for the community on the top card, regardless of how ambitious it might be.
2. Next, each person should place this card on the bottom of the pile and pass the entire pile to the person on the left.
3. On the next card, each participant should write his or her worst fear about the situation. Then, place this card on the bottom of the pile and pass the whole pile to the left again. Continue the activity in this manner until all the cards are complete.

**Tip:** Allow no more than one minute for writing on the cards.

4. When the participants have completed this process, they should end up with a pile that has Hope back on the top. The pile will contain a contribution from each group member.

5. The next task is for everyone in the group to make a single sandwich from the best ingredients. The whole group should participate in streamlining the goals. Sandwiches may turn out to be enormous and messy with huge dollops of funding ideas or a very generous sprinkling of facts and statistics.