Purpose of the Activity:
This activity allows youth to practice parliamentary procedure. Following the activity, students should be familiar with the basic steps of how to make a proper motion.

Optional: This activity teaches younger students (grades three to eight) the importance of parliamentary procedure.

What is Needed?
- Large bowl
- Spoon
- Various trail mix ingredients (cereal, raisins, peanuts, plain M&M’s, crackers, etc. — be conscious of peanut allergies)
- Serving utensil
- Bags
- Napkins
- Paper cups

Steps:
1. Display the ingredients available (include one unfavorable ingredient that likely is to be voted down).
2. Explain the importance of parliamentary procedure and how it helps a meeting run smoothly (using the Parliamentary Procedure: The Basics handout if needed).
3. Explain to your audience that they will be making trail mix using parliamentary procedure.
4. Demonstrate how one makes a proper motion (using the Parliamentary Procedure: The Basics handout).
5. Select a “teaching leader” (before the activity) to act as the chairperson.
6. Conduct the activity: Your audience must add ingredients to the trail mix by using motions:
   a. Student 1: “I move that we add M&M’s.”
   b. Student 2: “I second the motion.”
   c. Require at least three students to ask for permission to speak and discuss the motion.
      (Student 1: “I really like M&M’s, so I think we should add them.” and so on …)
   d. Take the vote and add ingredients accordingly.
   e. Every audience member should speak at least once.
   f. After all of the ingredients are added, allow your audience to enjoy their snack!
7. If teaching others, thank your audience and their teacher for allowing you to visit with them.