Advanced Preparation

Supplies and Contacts Needed

Before starting the Building Tomorrow's Leaders program, please review this list to understand supplies needed and contacts to be scheduled. Each of the eight modules in the program have handout, supply and activity lists, but this overview will help with advanced preparation and a smooth transition into each session.

Contacts to make ahead of time:

- **Module 2** — Contact your local NDSU Extension agent to schedule Real Colors training and help order the Real Colors books for participants. The list of Extension certified Real Colors trainers can be found within Module 2, or contact your local NDSU Extension office for more information — www.ag.ndsu.edu/extension/directory/counties
- **Module 4** — Contact mentors or community members to assist with the Mock Interview activity.
- **Module 7** — Contact local leaders and/or legislators to serve on the local leader's panel and assist with the explanation of the processes they follow as an elected official. If the field trip activity incorporated, check availability ahead of time and make the necessary arrangements.

Items to purchase:

All activities in the eight modules are optional so this supply list will vary depending on which activities are used. Please refer to each Module Overview for more detail, but if all activities are used, the following items will be needed:

- **Module 1** — rolls of string or yarn, markers, tape, poster board or flip chart paper
- **Module 2** — M & M's - small individual package for each participant, Real Colors books, buttons or another small item for each person
- **Module 3** — balloon and wooden grill skewer for each student; bottle with dish soap and water, trail mix ingredients (refer to Module 3 Overview), beach ball
- **Module 5** — tubes of toothpaste, bells or buzzers (optional), dinnerware, glassware, silverware, napkins, cardboard or poster board, felt marking pen, large sheet of paper
- **Module 8** — 3X5 index cards