

## Parent Education in North Dakota 2015-2016

Community-based Child Abuse Prevention (CBCAP) grant impacts  
(Reporting period July 1, 2015 through September 30, 2016)

### The Situation

Parent education and support is key to developing strong parent-child relations. Some families struggle with abuse and require ongoing educational support. A partnership between the NDSU Extension Service and the ND Department of Human Services-Children and Family Services provides a system of parent education delivery for each of the seven regions in the state. The CBCAP grant funds specific courses to address these needs.

### Child Abuse and Neglect (FFY 2015):

- 14,331 reports of suspected child abuse and neglect were received in 2016.
- During FFY 2016, a total of 3,986 full assessments were completed.
- A decision of "Services Required" was made in 26.3 (n=1,050) of the 3,986 full assessments. These 1,050 assessments represent 1,805 children who were victims of child abuse and neglect and 1,344 caregivers who were the subjects of these assessments.

Data is from the DHS FRAME system and the FFY 2016 NCANDS report.

### Extension Response

NDSU Extension Service works in partnership with the ND Department of Human Services to provide prevention education programs that address child abuse and neglect. NDSU Extension collaborates with schools, social services, non-profits and local agencies to develop and implement programs. These programs target primary prevention education work at the community level while also supporting and teaming as requested, to support the intervention work of social service agencies.

Parents obtain knowledge and skills to create safe, stable, and nurturing relationships with their children. From July 1, 2015 to September 30, 2016, seven parenting resource centers participating in the ND Parent Education Network provided 7,330 parents and other adults (some returning for multiple sessions) with the knowledge and skills to create healthy relationships with their children. A total of 1,728 hours of direct parent education and support were provided in the form of classes and support sessions.

### Impacts

- 86% indicate they have others who will listen when they need to talk about their problems.
- 88% indicate the program helped them improve their parenting skills
- 96% indicated the family pulls together when things are stressful
- 98% indicated that they were able to solve their problems as a family.
- 97% indicated that they listen to each other as a family.

### Feedback

- "Practical advice presented in an interesting way. I have used many of the ideas already."
- The program has helped me stay calm and use empathy to determine the outcome to issues."

### Public Value Statement

Child abuse prevention is cost effective both from standpoint of the institutional costs as well as the human toll and later life costs to society. \$1 spent on early childhood programming saves \$10 - \$16 dollars in prisons, police, welfare and other services (Art Rolnick).

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### Non-Extension Collaborators

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### Resource Links

<https://www.ag.ndsu.edu/pen>