

## The Fargo Cass, Public Health Department Container Gardens 2016

**The Situation** The Fargo Cass, Public Health Department was moving to a new location. The Outdoor Committee suggested a containerized community vegetable garden to be placed in front of the new location. A need for how to be successful at container gardening was established.

### **Extension Response**

Extension Agent Todd Weinmann of the NDSU/Cass County Office was contacted. Todd taught the committee about water drainage, food safe containers, water frequency, fertilizer and varieties that have had success in container gardens.

### **Impacts**

This garden was for clients of the Cass County Public Health, W.I.C. and the general public. Also, a pay-as-you-can "Community Café" utilized some of the more exotic colored vegetables. According to the Fargo Cass Public Health Department, 517 clientele used the garden to help supplement their fresh vegetable consumption.

### **Feedback**

"Fargo Cass Public Health, let me be the first to say BRAVO! I am impressed with the quiet ease with which you have implemented this effort and what it says about your commitment to your mission and the community. Keep doing what you are doing – you are doing it exactly right!"  
Mrs. C

### **Public Value Statement**

Public agencies that grow and provide food to clientele show their commitment to healthier eating habits and helping people that live on a restricted income.

### **Primary Contact**

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### **Non-Extension Collaborators**

Linda Anderson  
Principal Office Associate  
Cheryl Stetz, Community Health Educator  
Kim Lipetzky, Public Health Nutritionist  
Fargo Cass Public Health