Gardeners who sow a sup**erior variety** can grow plants that will yield abundantly, resist disease, tolerate heat and drought, and produce delicious food. In contrast, gardeners who sow an **inferior variety** are headed for frustrations. No matter how hard they work in preparing the soil, watering, weeding, and managing pests, they may have disappointing results.

The following varieties have performed well in research conducted in gardens and research stations in North Dakota and other states in the Midwest:

**ASP**ARAGUS. **All-male:** Jersey Giant, Jersey Knight, Jersey Supreme. **Other:** Martha Washington, Mary Washington, Purple Passion.

**BEAN. Bush:** Blue Lake 274, Derby, Espada, Greencrop, Jade, Maxibel, Pike, Provider, Royal Burgundy, Strike. **Dry:** Arikara Yellow, Great Northern. **Lima:** Fordhook 242, Eastland. **Pole:** Fortex, Orient Wonder. **Soybean:** Envy. **Wax:** Carson, Gold Rush, Roodor, Soleil.

**BEET.** Bull’s Blood, Detroit Dark Red, Early Wonder, Merlin, Red Ace, Red Cloud, Touchstone Gold.

**BROCCOLI.** Packman.

**BRUSSELS SPROUTS.** Jade Cross E.

**CABBAGE. Chinese:** Blues. **Head:** Danish Ballhead, Early Jersey Wakefield, Golden Acre, Ruby Perfection, Stonehead. **Savoy:** Savoy Blue.

**CARROT.** Chablis Yellow, Hercules, Laguna, Mokum, Nelson, New Kuroda, Purple Haze, Rainbow, Scarlet Nantes.

**CAULIFLOWER.** Amazing, Cheddar, Snow Crown, Violet Queen.

**CORN. Normal:** Butter & Sugar, Jubilee, Seneca Horizon. **Shrunken kernel:** Vision, Xtra-Tender 277A. **Sugary enhanced:** Bodacious, Delectable, Luscious, Sugar Buns, Trinity. **Synergistic:** Allure, Honey Select.

**CUCUMBER. Pickling:** Alibi, Calypso, Eureka, Hometake Pickles, Little Leaf H-19. **Slicing:** Dasher II, Diva, Fanfare, General Lee, Orient Express II, Salad Bush, Straight Eight, Sweet Slice, Sweet Success, Sweeter Yet, Tasty Green.

**EGGPLANT.** Black Beauty, Dusky, Fairy Tale, Millionaire, Orient Express.

**GREENS.** Hon Tsai Tai, Joi Choi, Komatsuna, Mizuna, Mei Qing Choi, Osaka Purple, Red Giant, Tatsoi, Tendergreen, Vegetable Amaranth.

**KALE.** Red Russian, Vates.

**KOHLRABI.** Early White Vienna, Kolibri, Kossak, Winner.

**LETTUCE. Leaf:** Deer Tongue, New Red Fire, Red Sails, Red Velvet, Red Salad Bowl, Salad Bowl, Slobolt, Tropicana. **Bibb/Crisphead:** Buttercrunch, Nancy, Nevada, Red Cross, Sierra. **Romaine:** Crisp Mint, Green Forest, Parris Island.

**MELON. Muskmelon:** Athena, Goddess, Superstar. **Specialty:** Arava, Earli-Dew, Passport, Sun Jewel.

**OKRA.** Cajun Delight, Carmine Splendor, Clemson Spineless.

**ONION.** Ailsa Craig, Candy, Copra, Red Zeppelin, Sweet Sandwich, Walla Walla.

**PEA. Shell:** Early Frosty, Green Arrow, Knight, Lincoln, Little Marvel, Maestro Improved, Wando. **Snap:** Sugar Ann, Sugar Sprint, Super Sugar Snap. **Snow:** Oregon Giant, Oregon Sugar Pod II.
PEPPER. **Bell:** Bell Boy, Early Sunsation, Jupiter, New Ace, North Star, Orange Blaze. **Frying/Roasting:** Carmen, Flamingo, Giant Marconi, Gypsy. **Hot:** Cheyenne, Early Jalapeno, Garden Salsa, Hot Paper Lantern, Hungarian Hot Wax, Mariachi, Mucho Nacho, Tiburon.

**POTATO.** Kennebec, Red Norland, Red Pontiac, Superior, Yukon Gold.

**PUMPKIN.** **Cooking:** Baby Bear, Small Sugar, Rouge Vif D’Etampes. **Jack-o’-lantern:** Autumn Gold, Gladiator, Howden, Neon, Orange Smoothie, Racer Plus. **Competition:** Dill’s Atlantic Giant, Prizewinner. **Specialty:** Jamboree, Lumina.

**RADISH.** **Standard:** Amethyst, Cherry Belle, Easter Egg II, French Breakfast, Pretty in Pink, Rover, White Icicle. **Asian:** April Cross, Shunkyo Semi-Long, Summer Cross No. 3.

**RUTABAGA.** American Purple Top.

**SPINACH.** Bloomsdale Long Standing, Donkey, Melody, Olympia, Red Cardinal, Space, Tyee.

**SQUASH, SUMMER.** **Crookneck:** Pic-n-Pic, Sundance. **Scallop:** Flying Saucer, Sunburst. **Straightneck:** Multipik, Superpik. **Zucchini:** Easypick Gold, Gold Rush, Green Tiger, Portofino, Spineless Beauty.

**SQUASH, WINTER.** **Acorn:** Carnival, Cream of the Crop, Table Ace, Table King. **Buttercup:** Bon Bon, Burgess. **Butternut:** Early Butternut, Waltham. **Delicata:** Cornell’s Bush Delicata. **Hubbard:** Blue Magic. **Kabocha:** Amberguc, Sunshine, Sweet Mama.

**SWEET POTATO.** Beauregard.

**SWISS CHARD.** Bright Lights, Lucullus, Peppermint, Rhubarb.

** TOMATO.** **Cherry:** Juliet, Sunssugar, Supersweet 100, Sweet Baby Girl, Yellow Pear. **Fresh market:** Big Beef, Bush Early Girl II, Celebrity, Early Girl, Goliath, Mountain Fresh Plus. **Paste:** Roma VF, Viva Italia. **Heirloom:** Brandywine, Cherokee Purple, Rainbow, Striped German, Stupice, Wisconsin 55.

**TURNIP.** Purple Top White Globe, Tokyo Cross.

**WATERMELON.** **Seeded:** Early Moonbeam, Sugar Baby, Sweet Dakota Rose. **Seedless:** Millionaire.

### Seed Companies

The following are some sources of garden seeds. Listing these sources does not guarantee or warranty their seed by North Dakota State University. This list is provided for educational purposes only; no discrimination is intended and no endorsement is implied.

- **Burpee Seed**, 300 Park Ave., Warminster, PA 18974; <www.burpee.com>; (800) 888-1447.
- **Fedco Seeds**, PO Box 520, Waterville, ME 04903; <www.fedcoseeds.com>.
- **Gurney’s Seed and Nursery**, PO Box 4178, Greendale, IN 47025; <www.gurneys.com>; (513) 354-1492.
- **Harris Seeds**, 355 Paul Rd., PO Box 24966, Rochester, NY 14624; <www.harrisseeds.com>; (800) 544-7938.
- **Henry Fields**, PO Box 397, Aurora, IN 47001; <www.henryfields.com>; (513) 354-1494.
- **Horticultural Products and Services**, 335 S. High St., Randolph, WI 53957; <www.hpseed.com>.
- **Johnny’s Selected Seeds**, 955 Benton Ave., Winslow, ME 04901; <www.johnnyseeds.com>; (877) 564-6697.
- **Jung Seed**, 335 S. High St., Randolph, WI 53957; <www.jungseed.com>; (800) 247-5864.
- **Kitazawa Seed**, PO Box 13220, Oakland, CA 94661; <www.kitazawaseed.com>; (510) 596-1188.
- **Mountain Valley Seed**, 1438 S. 700 West, Salt Lake City, UT 84104; <www.mvseeds.com>; (801) 486-5730.
- **Park Seed.**, 1 Parkton Avenue, Greenwood, SC 29647; <www.parkseed.com>; (800) 213-0076.
- **Pinetree Garden Seeds**, PO Box 300, Gloucester, ME 04260; <www.superseeds.com>; (207) 926-3400.
- **Seed Savers Exchange**, 3094 North Winn Road, Decorah, IA 52101; <www.seed savers.org>; (563) 382-5990.
- **Territorial Seed**, PO Box 158, Cottage Grove, OR 97424; <www.territorialseed.com>; (800) 626-0866.

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