



# The Nurtured Heart Approach®

**Transforming the Intense Child & Creating Inner Wealth in All Children**

*The Nurtured Heart Approach® is a curriculum for relationship. Above all else, children want authentic connection with the adults in their lives. They want to be seen, valued, and appreciated.*

*Traditional approaches to dealing with a child's intensity can easily make situations worse. When we respond more energetically to negative behaviors than to positive or even neutral behaviors, children learn to engage us with negative behaviors.*

*The Nurtured Heart Approach® has been proven to create GREATNESS in even the most intense children - very quickly and in inspiring and lasting ways.*

*After attending this class, you will leave with a powerful set of skills you can use immediately to help children live life in positive ways - and flourish!*

## **Presented by:**

**Laura Knox**, Nurtured Heart Approach® Certified Trainer

## **6-Week Class Series**

**Mondays**

**12:00 - 1:30 p.m.**

**February 22<sup>nd</sup>,  
March 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>**

**Online via Zoom**

***This class is free of charge for North Dakota residents***

**Preregistration is required**

**please email:**

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**or call:**

**NDSU Extension  
Grand Forks County**

**701-780-8229**

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