Avocado Salsa

**INGREDIENTS:**
- 2 avocados, cubed
- 2 Roma tomatoes, seeded and diced
- ¼ c. red onion, diced
- ½ lime, juiced
- 2 Tbsp. cilantro, finely chopped
- ¼ tsp. garlic powder
- Salt and Pepper to taste

**DIRECTIONS:**
Combine all ingredients in a bowl. Gently stir to combine.

**NUTRITION:**
Makes eight (1/4 cup) servings. Each serving has 90 calories, 7 g fat, 1 g protein, 6 g carbohydrates, 4 g fiber and 0 mg sodium.