

Zesty Italian Marinade

Ingredients:

- 2/3 c. prepared low-fat Italian dressing
- 2 Tbsp. coarsely chopped fresh cilantro (optional)
- 1 Tbsp. chili powder (or less, if preferred)

Directions:

- Mix together. Add up to 2 pounds of meat. Marinate less tender cuts for six to 24 hours, then grill or broil.