




April 2017

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
<input type="checkbox"/> Track your weekly family meals by checking the box each day your family has a meal together! Remember to aim for at least three meals per week.						
2 <input type="checkbox"/>	3 <input type="checkbox"/> Public Health Week	4 <input type="checkbox"/>	5 <input type="checkbox"/> Walking Day	6 <input type="checkbox"/> Fresh Tomato Day	7 <input type="checkbox"/>	8 <input type="checkbox"/> Empanada Day
9 <input type="checkbox"/>	10 <input type="checkbox"/> Garden Week	11 <input type="checkbox"/>	12 <input type="checkbox"/> Grilled Cheese Sandwich Day	13 <input type="checkbox"/>	14 <input type="checkbox"/>	15 <input type="checkbox"/>
16 <input type="checkbox"/> Day of the Mushroom	17 <input type="checkbox"/> Egg Salad Week	18 <input type="checkbox"/>	19 <input type="checkbox"/> Garlic Day	20 <input type="checkbox"/>	21 <input type="checkbox"/>	22 <input type="checkbox"/> Earth Day
23 <input type="checkbox"/> Picnic Day	24 <input type="checkbox"/>	25 <input type="checkbox"/> Zucchini Bread Day	26 <input type="checkbox"/> Pretzel Day	27 <input type="checkbox"/> Prime Rib Day	28 <input type="checkbox"/>	29 <input type="checkbox"/>
30 <input type="checkbox"/> Raisin Day						

NDSU EXTENSION SERVICE

All Month Long	Autism Awareness Month	Garden Month	Stress Awareness Month
	Cancer Control Month	Pecan Month	
	Celery Month	Soy Foods Month	

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