



Passing on Family Memories

Handout 1 -

ABC Memories Page

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What is an ABC Memories Activity?

A fun way to pass on family memories is to record memories or pages that are associated with the ABCs. This can be especially fun to pass on memories to children or grandchildren, teaching them memories and the ABCs at the same time. For this lesson, two ABC Memories activities are possible:

- (1) **ABC Memories List** – This is a list of potential memories listed on small pieces of paper and organized by letters, such as “A for Adventure.” The memory can be written and then put on a page to be created for a memory book.
- (2) **ABC Memories Alphabet Pages** – These are pages a person creates to form an alphabet book that passes on memories. Use the formula “A is for ____” or “B is for ____” to list a meaningful personal memory and then record it for a memory book.

The sample pages for these activities are on the pages that follow.

ABC Memories List

<u>A</u> is for <u>Adventure</u>	<u>B</u> is for <u>Birth Place</u>	<u>C</u> is for <u>Children</u>	<u>D</u> is for <u>Dinner</u>
E is for <u>Education</u>	<u>F</u> is for <u>Father</u>	<u>G</u> is for <u>Grandparents</u>	<u>H</u> is for <u>Home</u>
<u>I</u> is for <u>Interests</u>	<u>J</u> is for <u>Jobs</u>	<u>K</u> is for First <u>Kiss</u>	<u>L</u> is for <u>Laughs</u>
<u>M</u> is for <u>Mother</u>	<u>N</u> is for <u>Names</u>	<u>O</u> is for <u>Old Friends</u>	<u>P</u> is for <u>Pets</u>
<u>Q</u> is for <u>Questions</u>	<u>R</u> is for Books I <u>Read</u>	<u>S</u> is for <u>Songs</u>	<u>T</u> is for <u>Toys</u>
<u>U</u> is for <u>Unusual</u> Experiences	<u>V</u> is for <u>Vacation</u>	<u>W</u> is for <u>Wedding</u>	<u>X</u> is for <u>eXcellence</u>
<u>Y</u> is for <u>Youth</u>	<u>Z</u> is for <u>Zoo</u>		

ABC Memories Alphabet Page

_____ is for _____

My Memory

Picture or Illustration

B

**Is for
Bunkerville**



**J. Donal was born in
Bunkerville, Nevada. His
father raised bees for
honey.**

ABC Memories Samples

D

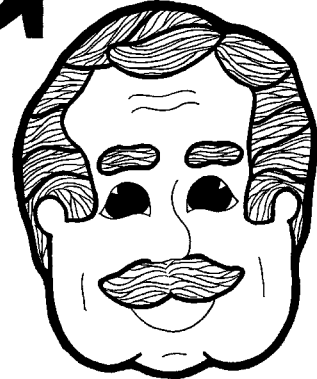
Doing Dinner Dishes



While doing the dinner dishes he taught his children poetry & Shakespeare. Bryant's "Thanatopsis" was his favorite, a poem his father paid him to memorize.

G

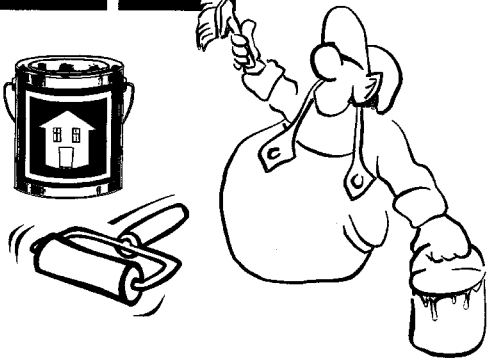
Is for Grandpa



J. Donal was grandpa to 15 and great-grandpa to 34 and counting.

K

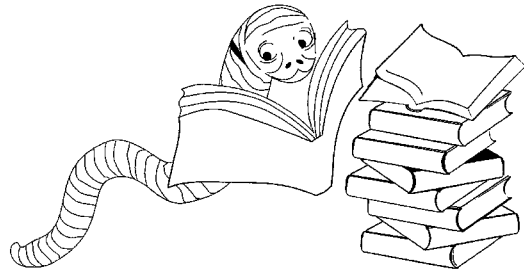
Is for Kindness to everyone



J. Donal was not very "handy" but he liked to paint and could be counted on to keep the homes of the widowed and disabled looking pretty.

R

Is for Reader



J. Donal always carried a book. He loved history. His children used to try to "STUMP" him with history questions, but never could.