Extension Family and Parent Resources Center

Parenting Classes - 2019

Cass County parents have learned new skills by attending parenting classes.

9 Multi-session classes were held

90% indicated that they agree or strongly agree that the class helped them improve their parenting skills.

Examples of behaviors participants intend to use:
• Discipline without fighting, arguing or raising their voice.
• Carrying out consequences for their children and not caving into them.
• Work on staying calmer while child is acting out and don’t discipline from a place of anger.

Professional Workshop and Parent Night with nationally known expert, Erin Walsh on Children, Social Media and Mental Health was attended by:

90 professionals and 50 parents

100% indicated agreement or strong agreement that the class helped them improve their parenting skills.

Plan to take action following the workshop.

Plan to share information reaching over 2,500 people.

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