

North Dakota Nutrition Council - 2018 Annual Conference

Making the Connection: Communication Skills for the Educator at Heart

Melissa Joy Dobbins MS, RDN, CDE – The Guilt-Free RD® [www.SoundBitesRD.com](http://www.SoundBitesRD.com)

Write down as many ideas and takeaways as you can for each session, including any networking or new relationship building opportunities:

Opening Keynote – Making the Connection

Maternal Nutrition and Developmental Programming: What Mom Eats Matters!

Networking While Walking

Early Childhood Development and Nutrition

Little Eaters, Big Opportunities: Nutrition Considerations for Preschoolers

Annual Membership Meeting & Lunch

Are you Aging Well?

Networking While Walking

Closing Keynote – Making the Connection workshop