



Powerful Tools for Caregivers is an educational program designed to help family caregivers take care of themselves while caring for a relative or friend.

Class size is limited, and registration is required.

<i>Date(s)</i>	<i>Audience</i>	<i>Time</i>	<i>Location</i>	<i>Registration Information</i>
Tuesdays, February 12, 19, 26, and Mar. 5, 12, 19, 2019	Family caregivers of adults with chronic conditions	1:30-3:30PM	Missouri Slope Lutheran Care Center North Campus, 4916 North Washington Bismarck, ND	No Cost Contact: Vanessa Hoines Phone: 701.667.3340 vanessa.hoines@ndsu.edu