

North Dakota Nutrition Council - 2018 Annual Conference

Making the Connection: Communication Skills for the Educator at Heart

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Be as specific as possible when answering the questions below:

1. What audiences do I communicate with? (e.g. coworkers, clients, ages, other details, etc.)
2. In what ways do I communicate with my audiences? (e.g. meetings, counseling/coaching, classes/presentations, written, digital, etc.)
3. Three things I learned today that I can start incorporating into my work immediately:
4. Three specific steps I can take to implement these learnings:
5. What did I learn today that I want to learn more about? How can I do that?

6. Are there some new ways I could (or would like to) communicate? (e.g. speaking, writing, media, etc.) What do I need in order to begin doing this?

7. Is there any content I learned today that needs to be (or I would like to) put into my own words to use with my specific audience(s)?

<i>content</i>	<i>my own words</i>