



# 4-H TIMES

*"4-H is a community of young people across America who are learning leadership, citizenship and life skills"*



## SEPTEMBER 2011

## GREETINGS:

School has started and we are all back in the routine again. Of course, the beginning of the school year also marks the beginning of our 4-H year. That means it is time to think about our 4-H projects for the year.

The dictionary defines a project as "a supplementary, long-term educational assignment necessitating personal initiative, undertaken by an individual student or a group of students." I would like to break that definition down so that everyone will think about what a project means when they are filling out their enrollment forms this year.

"Long-term educational assignment". 4-H projects are broken down into experience/ability levels so that each year that you are in 4-H you can enroll in the same project with the intention of learning something new and expanding your skill level in that project.

The other part of the definition that strikes me is "necessitating personal initiative". 4-H projects take a commitment in order to find a way each year to expand your knowledge of that subject matter. This is how we learn responsibility. You are responsible to pace yourself throughout the 4-H year so that at fair time you have learned something that you can exhibit to share your knowledge with others.

Projects can be "undertaken by an individual or a group". Many clubs choose a project or project areas for the year that they will work on during their club meetings. This is a good way to ensure that you are having a learning experience and successfully complete a project. Another example of a group project is attending an activity day where you can choose areas of interest and complete a short project. It is hoped that these

short group projects will create an interest for you-as an individual- to study further into this project area and develop a greater competency.

The ND Center for 4-H and Youth Development tells us that a 4-H project is made up of three types of activities:

1. **Hands-On Activities**; making, producing, selling, practicing, observing, testing interviewing, etc.
2. **Organized Activities**; demonstrations, speeches, workshops, camps, county judging, project activities, exhibits, etc.
3. **Leadership/Citizenship Activities**; conducting, planning, teaching, assisting, informing, organizing, etc.

With more than 100 projects to choose from, you can find a project that interests you. Some things to consider when you enroll for this 4-H year are:

1. What are your interests, in and out of school?
2. What books and magazines do you like best?
3. What would you like to do for a career?
4. What would you like to learn about?

Too often, just before the fair, members are scurrying trying to fit a craft or item that they made into a project area. "I'm not sure where to put this" is a common problem. This year, let's try to think about the projects that we enrolled in and do an activity to learn more about that project. That way you will know where it fits!

Once again, let's "*Make the Best Better*" as we plan for our new 4-H year.

Mary



## UPCOMING EVENTS

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<b>September</b>	6 ~ Daylight Savings Time Ends
	11 ~ Veterans Day—Office Closed
	19 ~ 4-H Activity Day at Minot
	24-25~ Thanksgiving—Office Closed
<b>October</b>	
	1 ~ Friend of 4-H and Outstanding 4-H'er application forms due
	2 ~ TSC 4-H Paper Clover ends
	2-8 ~ National 4-H Week
	5~ 4-H National Science Day
	16 ~ 4-H Awards Banquet
	21 ~ Service Learning Activity-Minot
	22 ~ Make a Difference Day
<b>November</b>	
	1 ~ 4-H enrollments due



## VOLUNTEERS NEEDED AT TSC PAPER CLOVER EVENT



The fall 2011 TSC 4-H Paper Clover Campaign will take place **Wednesday, September 21 through Sunday, October 2.** Shoppers at the **Williston TSC store** will have the opportunity to support 4-H in Williams County by purchasing paper clovers for just \$1 at checkout.

### **VOLUNTEERS NEEDED AT TSC PAPER CLOVER EVENT SEPT. 24<sup>TH</sup>**

We need to have a 4-H presence at TSC on Saturday, September 24<sup>th</sup> from 9:30am – 2:30pm. Volunteers will greet customers in the entry way and ask them to purchase a Paper Clover for \$1.00 with the proceeds going to 4-H. A 4-H promotional display will be set up in the entry area, too. Other suggestions for customer interaction include bagging purchases at the register and/or carrying bags to vehicles for customers. 4-H'ers are welcome to bring along a project(s) to display with their ribbons if they so desire.

We need adults and youth for two shifts:

9:30 am – Noon and Noon – 2:30 pm .

***Call the office to visit about donating your time at TSC this month.***

Last year Corner Club and Prairie Clovers took on this project, while Clover Clovers greeted customers at JC Penneys during a Roundup. The next "Pennies from Heaven" campaign is October 12-25 and again November 30 – December 12. We should have representatives at JC Penney on a Saturday during these two promotions, also.

These two businesses make substantial donations to the Williams County 4-H program and appreciate having members there to promote the events with them. It is a small effort to show our appreciation of their support.

## UPCOMING AUCTION SALES!

### **September 21 (Wednesday) Multi-Party Auction**

—Williston Transfer & Storage,  
205 12th Avenue East. Sale starts at 5:00 pm until  
around 8:00 pm. Set up at 4:00 pm.  
One shift and will need four dozen bars.

**October 1 (Saturday) - Auction** to last three to four  
hours - More details to follow.

Please contact Lavina Domagala  
at [domagala@hotmail.com](mailto:domagala@hotmail.com) or phone 572-3698.

## 4-H ACTIVITY DAY



**Save the date  
and watch for a  
schedule  
in late October.**

### **MARK YOUR CALENDAR!**

**4-H Activity Day in Minot  
November 19<sup>th</sup>**



**GET READY FOR THE  
2011 NATIONAL SCIENCE EXPERIMENT:  
WIRED FOR WIND!**

**TO LEARN MORE VISIT [WWW.4-H.ORG/NYSD](http://WWW.4-H.ORG/NYSD)**



In the 2011 National Science Experiment, *Wired for Wind*, youth will discover how to build and test their own versions of renewable energy technologies. Renewable energy is energy which comes from natural resources such as sunlight, wind, rain, tides, and geothermal heat, and are naturally replenished.

**Fourth Annual National 4-H Science Day- October 5<sup>th</sup>**

This experiment will introduce young people all around the nation to the possibility of a more sustainable tomorrow—using wind as a clean, widely available and renewable source of energy.

**Kits are available to 4-H clubs from the Extension office.**



# JOIN THE REVOLUTION OF RESPONSIBILITY

## NATIONAL 4-H WEEK

OCTOBER 2-8, 2011



All clubs are encouraged to do something to celebrate 4-H week in your community. Last year Corner Club members all wore their 4-H t-shirts to school one day and the Clever Clovers painted the JC Penney Store window. What did you last year? What do you plan to do this year?

### 2011-2012 4-H SCHOOL YEAR BEGAN SEPTEMBER 1

With the beginning of the school year, so begins the 4-H year. This means it's time to elect new officers for your club and start thinking about projects for the year.

**In September or early October you should receive your project enrollment forms from your leader.** Complete these forms as soon as possible and return them to your leader.

Enrollment forms are now available on our web site under 4-H and Youth - Forms. There are several new projects so check it out. If you wish, you may go ahead and complete the form and give it to your leader. **Remember you need to only check the line in front of the project. Everything listed below the project refers to booklets or literature. If you want the literature or booklet, put an x in the box in front of the booklet or literature. (Refer to the directions and example in column one of page two.)**



Leaders, please turn in your club's enrollment forms to the county extension office by **November 1**. We **must** know who is enrolled in 4-H and in what projects, in order to communicate with members involved in specific project areas and to plan for county activities.

#### New 4-H Curriculum for 2011-12: Shopping In Style

At our 4-H training last week we learned about a new project area that I suggest members who are interested in participating in **"Buy and Show"** should enroll in. This lesson will come on a CD rather than in book form. It is broken into six chapters: Clothing Choice and Your Image: Advantage Dressing; Mix, Match & Multiply; Your Money, Your Clothes; Clothing Care and Repair and Finishing Touches. There are several short lessons that leaders could easily work into a meeting including the care and repair which covers labels, laundry and repairing clothes.

#### Sewing Project Members

There will be a new curriculum book "Sew Fun" coming for beginning garment construction that the 4-H office has selected because it has very good instructions for basic sewing techniques. It is the basic reference book that every member enrolled in sewing would be well advised to purchase. We will let you know when they become available.

A couple of clarifications to those of you who enroll in sewing projects: Enroll in "Sewing for Fun" if you are making a non-garment. The next level would be "Sew Fun" for basic garment construction. "Sewing Challenges" is for advanced seamstress working with difficult fabrics, tailored garments, or advanced techniques. If you are a beginning seamstress and putting in a zipper is a challenge for you, it does not fit into the project area of Sewing Challenges.

Sewing projects are a perfect example of a project that takes several years to develop and needs to be in a sequential order.

### CONGRATULATIONS MALLORY NYGARD!



Mallory has been selected to attend the 2012 National 4-H Conference in Washington, DC from March 24 – 29, 2012 as one of four North Dakota delegates. This educational and cross-cultural opportunity is sponsored by the ND 4-H Foundation through financial gifts from individuals and businesses across the state.

National 4-H Conference is the pinnacle experience in 4-H Citizenship, providing the opportunity for young people to connect, learn, engage, lead and impact their communities, their nation and their world.



## MAKE A DIFFERENCE DAY



**"Make a Difference Day" is October 22.**  
 Over the years several Williams County 4-H Clubs have worked on various projects in an effort to "Make a Difference" in the lives of others. Wonder Wizards 4-H Club voted to fill Operation Christmas Child Shoeboxes for their project.



Clever Clovers 4-H Club sponsored a clothing give-away at First Lutheran Church in Williston. One year, a food drive was held to collect food for the local Food Pantry. These are just a few of the "Make a Difference Day" projects Williams County 4-H'ers have done.

## 4-H HELPING HANDS SERVICE LEARNING PROJECT

### 4-H Helping Hands Service Learning Project – Friday, October 21, 2011

4-H'ers, volunteers, parents and Extension staff from across the state will travel to Minot to assist the Minot area in flood clean up. There will be an educational program as well as age appropriate volunteer activities planned for youth on this day during Teachers Convention.

At this time the plan is to have a bus leave from Williston at 7 am and return at 7:30 pm. Keep this date in mind and plan to join us as we help our neighbors! All youth are invited to participate- they do not have to be 4-H members, so if you have a friend you would like to invite please do so.

**This is a Service LEARNING activity.**

### REMINDER!

4-H Fall Council Meeting  
 Tuesday, September 22  
 7:00-9:00 p.m.,  
 at the Williams County  
 Courthouse,  
 2nd Floor Conference Room



### Set this date aside!

Sunday, October 16  
 5:30-7:30 p.m.,  
 at the Ernie French Center  
 for our annual  
 4-H Awards Event

## FRIEND OF 4-H AND OUTSTANDING 4-H MEMBER

### Friend of 4-H and Outstanding 4-H Member nominations due October 1.

Leaders will find forms to nominate a Friend of 4-H and an Outstanding 4-H Member with their newsletter today. If you have any suggestions or nominations for these awards, please contact your 4-H leader to submit them.

### LOOKING FOR A PROJECT?

WHAT: Beginning oil painting classes  
 By Barb Smith  
 WHEN: September 23 and 24  
 WHERE: Castle Framing, Williston  
 SIGNUP: Email — [castleframing@nemont.net](mailto:castleframing@nemont.net) or call 774-8142

