

Section 4—Consumer Issues and Education

Title of Lesson/Subject: *Shop Right Skillathon*

Adapted judging class topics to a skillathon: Maxine Nordick

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Time Allotment: Two – three 50 minute class periods

Grade Level or Target Audience: Middle School through High School

ND Standards Competencies:

2.0 Consumer and Family Resources

Evaluate management practices related to the human, economic and environmental resources.

2.1 Demonstrate management of individual and family resources

2.5 Demonstrate management of financial resources to meet the goals of individuals and families across the life span.

Key Economic Concepts: Consumer Decision Making

Brief Description: A skillathon is made up of a series of learning stations at which teams are presented with a realistic situation which will require them to make the best decision based on the needs identified in the situation.

Learner Objectives: As a result of this learning experience, students will demonstrate their knowledge and decision-making skills on a variety of consumer purchasing topics.

Introduction: Welcome to the Shop Right Skillathon where you are going to have an opportunity to develop your shopping skills as you help others decide on the best purchase for their situation.

Materials Needed:

1. Contact your local county extension office in North Dakota for a copy of the study guides and judging classes for the topics that you plan to use for the Shop Right Skillathon.
2. Use the 11 topics listed at the end of this lesson to select your skillathon topics.
3. Create a Skillathon Station Task Sheet that includes the topic, situation statement and task to be placed at each station.
4. Place a copy of the study guide for that topic area and the four items to select from at the station for that particular topic.

Audio/Visual Equipment Needed: None

Lesson Outline:

Class One

1. Introduction to Shop Right Skillathon (5 minutes)
2. Shop Right Skillathon (40 minutes)
3. Team Assignment (5 minutes)

Class Two: Team Presentations

Class Three: If needed, continue with team presentations.

Resources:

1. North Dakota 4-H Consumer Choices Judging Study Guides & Judging Classes from 2000 – 2006.
2. Consumer Savvy, 4-H Cooperative Curriculum System

Activities: Shop Right Skillathon

1. Set up skillathon stations with a copy of the Skillathon Station topic, situation, task, study guide and items.
2. Once the stations and supplies are in place, divide the students into teams so there is the same number at each station – two to four students.
3. Allow 5-7 minutes per station.
4. Rotate the teams from station to station.
5. After teams have been at all of the stations, have each team select a station that they will prepare a short presentation for the entire group for the next class. Each team should have a different station. See assignment section.

Application/Assignment:

Each team will be asked to prepare a presentation, to present to the class to share with them the key points they should know when making purchasing decisions about that topic. They will also review the station situation.

Evaluation Plan: Team Presentations**Shop Right Skillathon Stations (11 stations)****Topic: MP3 Players**

Situation: Ted is looking for a lightweight MP3 player with a mini hard drive. He wants a player that has a display.

Task: Select the best MP3 player for Ted based on the needs he identified as important to him. Use the MP3 player study guide as a resource to help you.

Station Items: Best Choice #4

1. I River 230, www.circuitcity.com
2. I-Pod Shuffle, www.circuitcity.com
3. SanDisk Digital Audio Player, www.circuitcity.com
4. Sony Walkman Digital Auditor Player, www.circuitcity.com

MP3 Player Study Guide & Judging Class: Contact your local county extension office in North Dakota for a copy of the 2006 MP3 Player study guide and the “Ted MP3 Player” sample judging class that has pictures of four different MP3 players or download pictures of players from the above website.

Topic: Running Shoes

Situation: Patti is looking for new running shoes. She wants a nylon mesh upper with a PU EVA midsole. She needs a narrow width shoe.

Task: Select the best running shoe for Patti based on the needs she identified as important to her. Use the Running Shoes study guide as a resource to help you in your decision.

Station Items: Best Choice #4

1. New Balance Basketball Shoes, www.finishline.com
2. Nike Running Shoes, www.finishline.com
3. Adidas Running Shoes, www.roadrunnersports.com
4. New Balance Running Shoes, www.roadrunnersports.com

Running Shoes Study Guide & Judging Class: Contact your local county extension office in North Dakota for a copy of the 2006 Running Shoes study guide and the “Patti Running Shoes” sample judging class that has pictures of four different running shoes or download pictures of running shoes from the above websites.

Topic: Denim Jeans

Situation: Aaron is shopping for a new pair of denim jeans for his trip. He would like to purchase a pair of jeans that are the boot cut style and are made of 100% cotton for comfort. He would prefer a zipper fly. Aaron would also like the new finished look of the worn washed thigh.

Task: Select the best choice of denim jeans for Aaron based on the needs he identified as important to him. Use the denim jean study guide as a resource to help you.

Station Items: Best Choice #1

1. Abercrombie & Fitch Men’s Bootcut Jean -- \$35.50
2. American Eagle Outfitters Men’s Bootcut Jean -- \$34.95
3. GAP Men’s Carpenter Jean - \$39.50
4. Levi’s Red Tab 569 Men’s Loose-Straight Jean - \$31.99

Denim Jeans Study Guide & Judging Class: Contact your local county extension office in North Dakota for a copy of the 2002 denim jean study guide and the “Aaron Denim Jean” sample judging class that has pictures of four different denim jeans or download pictures of similar items from the web.

Topic: Sunscreens

Situation: Katie is going to the beach with her family on the 4th of July. She would like a sunscreen that is specifically labeled as SPF 15, because her complexion is dark and she only burns moderately. She wants a sunscreen that is water-resistant. A sunscreen that protects against both UVB and UVA would be preferred. Katie would also like a bottle with at least 4 ounces.

Task: Select the best choice of sunscreen for Katie based on the needs she identified as important to her. Use the sunscreen study guide as a resource to help you.

Station Items: Best Choice #4

1. Repel Sun & Bug Stuff Lotion
2. Reflect Sun Lotion on a Clip
3. Sun-So-Soft Sunscreen Lotion for Kids
4. Elizabeth Arden Triple Protection Oil-Free Sun Block

Sunscreen Study Guide & Judging Class: Contact your local county extension office in North Dakota for a copy of the 2002 sunscreen study guide and the “Katie Sunscreen” sample judging class that has pictures of four different sunscreens or download information and pictures of items from the web.

Topic: Backpacks

Situation: Mark is going to a friend’s house for an overnight camp-out. He wants a soft pack backpack to carry his things to the camp-out. He will need a backpack that can carry 20 pounds. He is allowed \$18.00 to purchase the backpack.

Task: Select the best a backpack for Mark based on the needs he identified as important. Use the Backpack study guide as a resource to help you in your decision.

Station Items: Best Choice # 3

1. Day pack, \$19.00, carries 35 pounds
2. Canvas backpack, \$17.00, carries 20 pounds
3. Book bag, \$15.00, carries 20 pounds
4. Structured backpack, \$27.00, carries up to 35 pounds

Backpack Study Guide & Judging Class: Contact your local county extension office in North Dakota for a copy of the 2000 backpack study guide and the “Mark Backpack” sample judging class that has pictures of four different backpacks or download information and pictures of items from the web.

Topic: Sweatshirts

Situation: Earl needs to order sweatshirts for his cross-country team to wear. He needs a sweatshirt that will absorb moisture. He wants a plain shirt so the team name can be silk screened on the front. He wants a round neck and long sleeves. He needs them in a dark red.

Task: Select the best choice of sweatshirts for Earl based on the needs he identified as important. Use the sweatshirt study guide as a resource to help you in your decision.

Station Items: Best Choice # 1

1. 100% cotton waffle knit sweatshirt, round neck, long set-in sleeves, ribbing at bottom, comes in brick red.
2. LA Lakers sweatshirt, round neck, long sleeves, 100% cotton
3. Chicago Bulls sweatshirt, round neck, long sleeves, 80% polyester/20% cotton
4. Starter Oxford mock sweatshirt, 100% cotton, round neckline, long sleeves

Sweatshirt Study Guide & Judging Class: Contact your local county extension office in North Dakota for a copy of the 2000 sweatshirt study guide and the “Earl Sweatshirt” sample judging class that has pictures of four different sweatshirts or download information and pictures of items from the web.

Topic: Sport Drinks

Situation: Kevin is going hiking with his friends. He needs to buy a sport drink or other beverage for the hike. He wants a beverage that does not require preparation. Kevin would like one that has less than 15 g sugar per serving and prefers one that costs less than \$.50 per serving. A drink that contains carbohydrates would supply Kevin with energy. Lemon-lime flavor is Kevin’s favorite.

Task: Help Kevin select a sport drink for his hiking trip that fills the needs he identified as important. Use the Sport Drink study guide as a resource to help you in your decision.

Station Items: Best Choice # 2

1. Gatorade Thirst Quencher 32 oz mixed
2. Gatorade Thirst Quencher 20 oz
3. Aquafina Water 20 oz
4. Minute Maid Orange Juice 10 pack – 6:75 oz

Sport Drink Study Guide & Judging Class: Contact your local county extension office in North Dakota for a copy of the 2004 sport drink study guide and the “Kevin Sport Drink” judging class that has pictures of four different sport drinks or download information and pictures of items from the web.

Topic: Snowboards

Situation: Ten year old Josh is a beginning snowboarder, so would like a snowboard designed just for kids. Since he is just learning to snowboard, he wants to keep the cost at \$125 or less. Josh feels that a freestyle board would fit his needs. He knows he shouldn’t ride a board he can’t flex himself and has heard that a softer flexing board is good for learning.

Task: Help Josh select a snowboard that will fit the needs he identified for a beginning snowboarder as important. Use the snowboard study guide as a resource to help you in your decision.

Station Items: Best Choice # 3

1. Free Style Snow Board: \$39.95
2. Mighty Eldo: \$109.00
3. Satellite: \$79.99
4. Rossignol Digger 2: Regular price \$220.00 on sale for \$129.00

Snowboard Study Guide & Judging Class: Contact your local county extension office in North Dakota for a copy of the 2002 snowboard study guide and the “Josh Snowboard” judging class that has pictures of four different snowboards or download information and pictures of items from the web.

Topic: Sleeping Bags

Situation: Abby is going biking in the mountains this summer with her family. She has decided to purchase a new sleeping bag to take on her trip. Since Abby has to carry all of her gear on her bike, she needs one with a carry weight of 6 lbs or less. Abby wants the sleeping bag that is the most compact. She would also prefer to spend less than \$75.00. Abby is rather tall and would like a sleeping bag that has a length of at least 85 inches. A two-way zipper may come in handy.

Task: Help Abby select a sleeping bag that will fit the needs she identified as important. Use the sleeping bag study guide as a resource to help you in your decision.

Station Items: Best Choice #4

1. Pine Ridge Sleeping Bag, \$ 59.99
2. Magnum 44 Sleeping Bag, \$179.99
3. American Trails Cascade Sleeping Bag, \$14.99
4. Klety: Lightyear Sleeping Bag, \$89.99

Sleeping Bag Study Guide & Judging Class: Contact your local county extension office in North Dakota for a copy of the 2004 Sleeping Bag study guide and the “Abby Sleeping Bags” judging class that has pictures and information on four different sleeping bags or download information and pictures of items from the web.

Topic: Fast Foods

Situation: April and her boyfriend are going to Taco John’s to eat. April is very health conscious, so she would like her choice to have 500 calories or less and 750 grams of sodium or less. She would prefer something with beef. April would like to use her coupon that says that if you order nachos you get a free soda pop with your meal. She would also like to get the most grams of carbohydrates.

Task: Help April select a health conscious food choice that will fit the needs she identified as important in making her selection. Use the fast foods study guide as a resource to help you in your decision.

Station Items: Best Choice # 3

1. Sierra Chicken Sandwich, \$2.99
2. Chicken and Potato Burrito, \$2.69
3. Beef Taco Bravo, \$1.49
4. Super Beef Nachos, \$3.49

Fast Foods Study Guide & Judging Class: Contact your local county extension office in North Dakota for a copy of the 2002 fast foods study guide and the “April Fast Foods” judging class that has pictures of four different fast foods or download information and pictures of items from the web.

Topic: Savings & Checking Accounts

Situation: Tara is looking for a place to stash her cash and is exploring the options of checking accounts. She would prefer an account that does not require a minimum balance and an account that is interest bearing. Tara does not want to be charged for each check she writes. A checking account that offers overdraft protection would be a plus for Tara. She works variable hours, so it would be great if the financial institution has an online internet banking available.

Task: Help Tara select a checking account that will fit the needs she identified as important. Use the Savings and Checking study guide as a resource to help you in your decision.

Station Items: Best Choice #3

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| 1. Ramsey National Bank & Trust | Interest Checking |
| 2. Capital Credit Union | Premium Checking |
| 3. US Bank | Free Checking with Interest |
| 4. Gate City Bank | Economy Interest Checking |

Savings & Checking Study Guide & Judging Class: Contact your local county extension office in North Dakota for a copy of the 2004 savings and checking study guide and the “Tara Savings and

Checking Account” judging class that has information on the four checking accounts or download information from the web.