

## Section 2--Budgets

**Title of Lesson/Subject:** *Budget for Your Goals*

**Prepared by:**

### Contact Information

**E-mail address:**

**Phone:**

**Time Allotment:**

50 minute class period (one week prior—record expenses and income)

**Grade Level:**

Junior and Senior Consumer Math Students

**ND Standards Competencies:**

**Key Economic Concepts:**

**Brief Description:**

**Learner Objectives:**

Students will:

- Identify and prioritize personal and financial goals
- Identify steps needed to reach goals
- Examine current spending habits
- Create a personal budget

**Introduction:**

**Materials Needed:**

Budget Template from Practical Money Skills Lesson #3  
Overhead or board to write lecture notes

**Audio/Visual Equipment Needed:**

**Lesson Outline:**

1. Write the following questions on the board or overhead. Let students answer and discuss as they copy and answer the questions.
  - What are your goals? (graduate, job, college, car)  
--Mark short term, medium term and long term
  - Where does your money come from? (mom, job)
  - Where does your money go? (fun, car, insurance, family)
2. Discuss what it means to budget (planning for spending and saving), and why it is important to budget (know how much money you have to spend, all bills are paid, learn to live on less, savings, avoid financial troubles).
3. Discuss process needed to budget:
  - Choose a time period for budget (week or month for HS students)
  - Estimate expenses and income
  - Compare to actually spending and make adjustments
  - Sticking to it

4. Hand out budget sheet. Have students set their budget. Then have them compare to the data they collected last week on their expenses and income. What difference do they see? What changes do they need to make? Did they remember to save?

5. Discuss tips for sticking to budget:

- Become a good consumer (get the most for your money)
- Use willpower and self-control
- Keep good records
- Evaluate your budget on a regular basis

**Resources:**

**Activities:**

Extension: Have a local financial advisor or money management counselor come to the class and discuss the importance of budgets and hidden costs in the real world that as an adult you need to remember to consider when budgeting.

**Application/Assignment:**

**Evaluation Plan:**

\*Completed budget sheet

\*Skits showing a common budgeting mistake and the consequences