

**Critical
Conversations
about**

**Long-term
Care**

North Dakota Long-term Care Costs

Nursing Home Care

- Skilled long-term care national average is \$66,000 annually (\$181 daily) — Metropolitan Life Insurance Co. (2003)
- Skilled long-term care (83 facilities) in North Dakota is \$52,735 annually (\$144.48 daily) — North Dakota Long Term Care Association (2005)

Your region/county/city/town:

Basic Care

- Basic care (55 facilities) is \$21,071 annually (\$57.73 daily) — North Dakota Long Term Care Association (2005)

Your region/county/city/town:

In-home Care

- Home-health aide: \$15 to 18 per hour nationally
Your region/county/city/town:

- Registered nurse: \$100 per hour per visit average nationally
Your region/county/city/town:

- Other assistance (physical therapy, etc.):
Your region/county/city/town:

Community Services

- Assisted living: housing with services (common meals, housekeeping).
Average cost for basic rent is \$1,310 per month (\$15,720 yearly) in North Dakota; average cost for basic services is \$607 per month (\$7,284 yearly).

Your region/county/city/town:

- Adult day care:

Your region/county/city/town:

- Other services:

Your region/county/city/town:

Adult Family Foster Care

- Provides basic care for functionally impaired adults over age 18, including elderly, in-family style care. Some facilities provide only elder care. Cost range is \$1,500-3,000 a month in North Dakota.

Your region/county/city/town:

NDSU
Extension Service

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