

ROBINSON PUBLIC SCHOOL
WELLNESS POLICY

Team Nutrition of Robinson Public School is to improve a child's lifelong eating and physical activity habits. For this we will implement the following guidelines.

Nutrition Education will be implemented through the areas of health, reading, math and science. Study of the new Food Pyramid and how much is necessary for a child's health and well being will be studies.

Physical active students will be implemented during PE class of 30 minutes 3 times a week along with organized recess and noon hour every day of 40 minutes.

Nutrition Standards will be implemented in the breakfast and lunch by using USDA National School Lunch Program requirements and nutrient standards. No vending machines are located in the building.

Stress will be put on students bringing healthy food for birthday celebrations and other parties held at the school. All non nutritious snacks will be deleted and nutritious snaks will be accepted at a reasonable quantity.

Using what we have assembled evaluation the program will be done by the team, students, and school board.

Team Nutrition Education Members

Becky Hagseth -----	Cook
Margret Subart -----	Parent
LaDonna Hackman -----	School Board Member
Sheila Zerr -----	Principal
Mary Lou Hanson -----	Community
Aaron Subart -----	Student