

Family Caregiving

Managing Stress and Accessing Resources

Lesson Review and Program Evaluation

Please read or listen to (if done as a group) each question carefully and provide a response. Circle the number which most accurately reflects your thoughts or feelings.

1. I have learned something new about key issues related to family caregiving as a result of this lesson..

Not at all	Slightly	Somewhat	Significantly	Very much
1	2	3	4	5

2. I am more interested in discussing caregiving issues with family members as a result of this lesson.

Not at all	Slightly	Somewhat	Significantly	Very much
1	2	3	4	5

3. I believe that I have learned some practical ideas about the family caregiving process as a result of this lesson.

Not at all	Slightly	Somewhat	Significantly	Very much
1	2	3	4	5

4. I am planning to take some specific steps related to the family caregiving process as a result of this lesson.

Not at all	Slightly	Somewhat	Significantly	Very much
1	2	3	4	5

5. Please provide any other feedback related to this lesson below:

