



Resources

Brain Development in Infancy and Early Childhood

Books

Gopnik, Alison, Meltzoff, Andrew N., & Kuhl, Patricia K. (1999). *The Scientist in the Crib: Minds, Brains, and How Children Learn*. New York: William Morrow & Company, Inc.

Babies as scientists — this book summarizes all kinds of amazing research findings with babies.

Healy, Jane. (1994). *Your Child's Growing Mind: A Practical Guide to Brain Development and Learning from Birth to Adolescence*. New York: Doubleday.

This easy-to-read book is full of practical suggestions for teaching and learning.

Martin, Elaine. (1988). *Baby Games: The Joyful Guide to Child's Play from Birth to Three Years*. Running Press Book Publishers.

This fun book is full of activities, songs, and ideas for parents of young children.

National Governors' Association. (1997). *The First Three Years: A Governor's Guide to Early Childhood*. Washington, D.C.

Ramey, Craig T., & Ramey, Sharon L. (1999). *Right from Birth: Building Your Child's Foundation for Life*. New York: Goddard Press, Inc.

By a leader in the field, this book sets forth seven essential factors to help children grow each day from birth to 18 months.

Shore, R. (1997). *Rethinking the Brain: New Insights into Early Development*. New York: Families and Work Institute.

Videos

Ten Things Every Child Needs. This video is available for a cost of \$12 from — The McCormick Foundation, 435 N. Michigan Ave., Suite 770, Chicago, IL 60611, Attn: 10 Things.

The First Years Last Forever. This video is available from the I Am Your Child Campaign sponsored by the Reiner Foundation. For ordering information, visit the website (see below) or write to: I Am Your Child, P.O. Box 15605, Beverly Hills, CA 90209.

Websites

The Better Brains for Babies publication series was used in the development of these program materials. The series was done by faculty in the College of Family and Consumer Sciences at the University of Georgia. The website is: <http://www.fcs.uga.edu/pubs>

I Am Your Child is a national public awareness and engagement campaign, created by the Reiner Foundation, to help people understand the importance of new brain research and its implications for our children's lifelong healthy development. Information can be accessed on the website at: <http://www.iamyourchild.org>

The Wisconsin Council on Children and Families provided some information for this lesson. Their educational resources include *Great Beginnings: The First Years Last Forever* and the *Brain Watch* series. Information can be accessed on the website at: <http://www.wccf.org>

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