



4-H TIMES

"4-H is a community of young people across America who are learning leadership, citizenship and life skills"



NOVEMBER 2011

GREETINGS:

I attended the National Association of Extension 4-H Agents conference in Omaha, NE last month. One of our keynote speakers was Darrell "Coach D" Andrews, *America's Passion Coach*. Darrell was raised by a single mother on the public welfare system in Syracuse, New York. Coach D became a first-generation college graduate — an amazing feat considering the fact that he showed up on his college campus unregistered, with everything he owned in five garbage bags! Although he did not have money for college, he believed that the risk was worth taking in order to secure a good future for himself. Five years later, he became the first person in his family to receive a bachelor's degree from college. *From this experience, he learned that risk-taking is often the foundation for goal achievement.*

Coach D stresses that attitude has a major impact on your life's passion. If you go after a dream with the right attitude it's like metal attracted to a magnet- the people, resources, and knowledge will gravitate toward you. He says that this will work because: *People like to help teenagers (youth) who are doing something positive with their lives. *Synergy comes from positive energy. * People like to connect with others who have a vision for their lives.

Attitude can also have the opposite effect. A pessimistic attitude repels resources, connections and opportunities. It is important to surround yourself with friends who are positive and who aspire to the same positive values as your own. We are judged by the company we keep.

It's time to reconsider your relationships if you find that the majority of your friends are engaging in the following behaviors:

- Degrading people in school or in the community;
- Pointing out the negatives of school;
- Discussing only the downside of living in our society;
- Pointing out each other's weaknesses constantly;
- Not finding anything uplifting to talk about;
- Disregarding the wisdom of parent and other authority figures

YOU WILL NEVER GET A POSITIVE RESULT OUT OF A NEGATIVE ATTITUDE. Your purpose in life is dependent on your positive energy.

The goal of 4-H youth programming is to provide opportunities for youth to experience life skills, practice them and use them throughout their lifetime. Through the experiential learning process used in 4-H, youth internalize the knowledge and gain the ability to apply the skills appropriately. It doesn't get any more positive than this...

Happy Thanksgiving!

It's about an attitude of gratitude ☺

Mary



UPCOMING EVENTS

INSIDE THIS ISSUE:

SWEET CLOVERS 4-H CLUB; BRIGHT IDEAS SHOWCASE	2
LIVESTOCK MEETING; KUMV STAR STUDENT AWARD	
AWARDS EVENT	3
CITIZENSHIP IN ACTION; PENNIES FROM HEAVEN; HELPING HANDS ACTIVITY	4
4-H AMBASSADORS; REMINDERS ; NOW ON FACEBOOK	4

November

- 19 ~ Multi-County 4-H Activity Day
- 22 ~ Livestock Committee meeting
- 24-25~ Thanksgiving—Office Closed
- 30 ~ JC Penney "Pennies From Heaven"

December

- 1 ~ Prairie Partners—submit article for December 4-H Times
- 11 ~ Banquet West
- 12 ~ Pennies From Heaven ends
- 15 ~ 4-H Ambassador Applications due at Center for 4-H Office
- 23-26~ Merry Christmas—Office Closed



**4-H Club
of the Month
Corner**

SWEET CLOVERS 4-H CLUB



OOPS! I forgot that our club was to write the article for this month's newsletter. It seems like it is easy for us to go on with our everyday lives and forget the little things that are so important. I would love to have our members write something, but being this is last minute (on my part) it won't be possible. Our club is small but mighty! We have a great group of students that are participants in **Sweet Clover's 4-H Club**. We are fortunate to already have two new members and we are excited to welcome them – they are Haley Cowan and Abby Powell. We are also pleased to have the 2010-2011 Outstanding 4-Her in our club, Kalli Kjos. Our other returning members are Kura Grindeland, Carly Thomas, Kaia Wenstad, and Vanessa Monsalve-Wagner. Our group leaders are Kim Weissman and Darci Kjos (me).

This is our club schedule: We meet the first Sunday of the month (there are some exceptions) at 3:00 at First Lutheran Church. We have already talked about a very important community project we will be doing this year. On December 11th our club will be preparing and serving the Banquet West Community Dinner at First Lutheran Church. This is a dinner that was started early this year to serve people new to the community, people who don't want to eat alone, and anybody who would like a break from cooking. It is a banquet style/sit-down meal where each individual is served and seated with a group of people they may not know. We are excited that with money received from auction sales and pop shoppe that we can contribute to this great community project. We will continue to work on fair projects at each of our meetings. This year we have plans to make ornaments (which we will use for our table decorations at the community dinner), sew hot pads, make flower pots, make wreaths, and cook.

I hope this gives you some insight to **Sweet Clover's 4-H Club**. Have a great Thanksgiving. We will look forward to sharing some pictures with you from Banquet West in the January issue.

HELPERS WANTED: We will need servers that are 7th grade and older from 4-H Clubs to help us out with Banquet West. The time would be from 5:00-7:30 p.m., on December 11. Contact Darci Kjos at 774-8813 if you can help. Thank you.

REMINDER

The 4-H Club of the Month Corner schedule is:

December-Prairie Partners; January-Clever Clovers; February-Wonder Wizards; March-Corner Club; April-Stony Creek; May-Prairie Clovers

Congratulation to 4-H'ers **Maari Dolan**, Wonder Wizards, **Lauren Fearing** and **Katherine Fearing**, Clever Clovers for their awards received at the 2011 Bright Ideas Showcase recently held at Bismarck, North Dakota.

Lauren placed second and Katherine placed first in the 4th Grade Business Category.



Maari received the Innovation in Agriculture Special Award.

Williams County 4-H'er, **Mallory Nygard**, received the November KUMV's Star Student Award sponsored by Western Cooperative Credit Union. This award recognizes those students in grades 7-12 who excel in academics and non-athletic extra-curricular activities with: Certificate of Merit, \$50 United States Savings Bond, Star Student Award, and an Applebee's Gift Certificate.
Congratulations Mallory!

Livestock Meeting

Tuesday, November 22 at 7:00 p.m.,
2nd Floor Conference Room, Williams County Courthouse.
Please plan to attend.



ANNUAL 4-H AWARDS EVENT

4-H members, their families and 4-H leaders from Williams County attended the Annual 4-H Awards Event on Sunday, October 16, at the Ernie French Center. Awards for projects, certificates of award and year in 4-H discs were presented to members during the annual event.

Randa Cody, ND 4-H Ambassador, served as emcee for the event.



Kalli Kjos, Sweet Clovers 4-H Club was named the 2011 Williams County Outstand 4-H'er.



Kalli's 4-H Leader says, "Kalli has been in 4-H for eight years and has been very actively involved making it fun to watch her learn and get better at the projects she has done in 4-H. She shows exceptional leadership skills in her club where she has been the president for the last three years and also took on treasurer this year since the other members are quite young. Having younger members in her club has allowed her many opportunities to teach them parliamentary procedure and serve as a role model to continue in 4-H throughout their school career. Kalli is also very active in her school, church and community where she has many leadership roles. She is the vice-president of the student council, a leader for Fellowship of Christian Athletes, a member of the science club and is a member of the Williston Photography Club. Her community service projects include the Salvation Army, Habitat for Humanity and city clean up day. You will often find her in the 4-H Pop Shoppe at the fair and in the concession stand during auctions." Kalli is the daughter of Ken and Darci Kjos of Williston.



Recipients of the **Young Achiever Award** were Kaia Wenstad, Kura Grindeland, Zach Halland Hannah Johnson, Jaylyn Helstad, Kylee Meyer and Stacey Meyer. The **Clover Bud Award** was presented to Riley Faller, Andrew Halland, Alexis Meduna, Kylie Larson and Kiara Melhoff. Zach Haugen received the **Purple Ribbon Award**. The **Clover Achievement Award** was presented to Jackson Faller, Sydney Faller, Lorin Gabbert, Courtney Haugen, Emily Richter, Stacey Meyer, Candace Meyer and Madison Melhoff.



Brooke Alton and Kalli Kjos reported on their recent **CWF trip**.

Wesley Nygard reported on the **Medora Trip**.

Wesley, Katherine Fearing, Lauren Fearing and Megan Jorgenson were recipients of the **Medora trip**.



2011 recipient of the "Friend of 4-H Award" was staff at Northern Plains Radio.

4-H Leaders received certificates and year pins.

Leaders were presented with certificates for their leadership years in 4-H. One, five, ten, fifteen and twenty year pins were presented to leaders for their dedication and contribution to 4-H.

Recipients are: **1-year pin** - Sherry Amundson, Corner Club, Shanna Hauck, Sweet Clovers, Shauna Staloch, Clever Clovers, Megan Thomas, Sweet Clovers and Denise Walton, Clever Clovers; **5-year pin** - Robin Knudson, Sweet Clovers and Angela Melgaard, Corner Club; **10-year pin** - Scott Aune, Prairie Partners; **15-year pin**— Carmen Bendixson, Corner Club, Chet Hill, Prairie Clovers and Richard Skor, Williams County.

Congratulations to all award recipients.





Williams County 4-H is now on Facebook! Like us on Facebook!
www.facebook.com/pages/Williams-County-ND-4-H/242324869159483

Annual Multi-County Activity Day

Saturday, November 19, 2011—Heritage Hall,
 North Dakota State Fair Center—2005 Burdick Expressway East, Minot, ND
 Registrations are due Monday, November 14, 2011.
 Classes are first come, first served basis. Register on the website today.



Several Williams County 4-H'ers, volunteers and parents from our area were part of the state wide effort during the first 4-H Helping hands Day held at Minot on October 21. Volunteers were bussed to Minot from four different sites: Bismarck, Carrington, Devils Lake and Williston. The groups spent the day in Minot working at places such as the Salvation Arm Coats for Kids project, the Souris Valley Animal Shelter, fair grounds, area food pantries and the soup kitchen at First Lutheran Church.

North Dakota 4-H Ambassador Selections

If you are a 4-H'er who is between the age of 16 and 22 by January 7, 2012 and interested in making a commitment to the 4-H program, you are eligible to apply to become a North Dakota 4-H Ambassador. A fillable application is available on the Center for 4-H website. Applications are due December 15, 2011 at the state office. ND 4-H Ambassador Selections will be made January 7 in Mandan.

Citizenship in Action

will be held on January 15 & 16, 2012
 Details will be forthcoming.

jcpenney

imagine what a penny can do for us.

When you shop jcpenney and round up your purchase to the nearest dollar, your small change makes a big difference for our afterschool program. That's because the entire difference is donated to our organization as a result of a partnership with our local jcpenney store. Your support is added to the millions jcpenney donates each year to afterschool programs across the country. So help kids in our community spread their wings.

Roundup November 30 - December 12

SUPPORT WILLIAMS COUNTY 4-H

pennies from heaven

Help your local 4-H by participating in the "Pennies from Heaven" at JC Penney!

To support afterschool programs across the country, JC Penney has launched a nationwide philanthropic campaign that invites customers to turn small change into "pennies from heaven" by rounding up their purchases and donating the difference to a local afterschool organization. The Williams County 4-H Youth Development Program is one of 1,100 afterschool organizations matched with a local JC Penney store that will benefit from the proceeds raised during the pennies from heaven campaign. The next pennies from heaven event will begin November 30 through December 12.

When you shop at Williston JC Penney Store between November 30 through December 12 and round your purchase up to the next whole dollar, the JC Penney "Pennies from Heaven" will donate the difference to the Williams County 4-H Youth Development Program to provide children in this county with access to life-enriching afterschool programs.

Remember to turn small change into pennies from heaven for kids at Williston JC Penney store from November 30 through December 12!

REMINDERS!

Prairie Partners - Submit article for December 4-H Times on December 1

All 4-H enrollments (leader & member) are needed in order to update our mailing list. The December newsletter (4-H Times) and other important information concerning specific projects can not be sent to you without your current enrollment information. Thank you!

