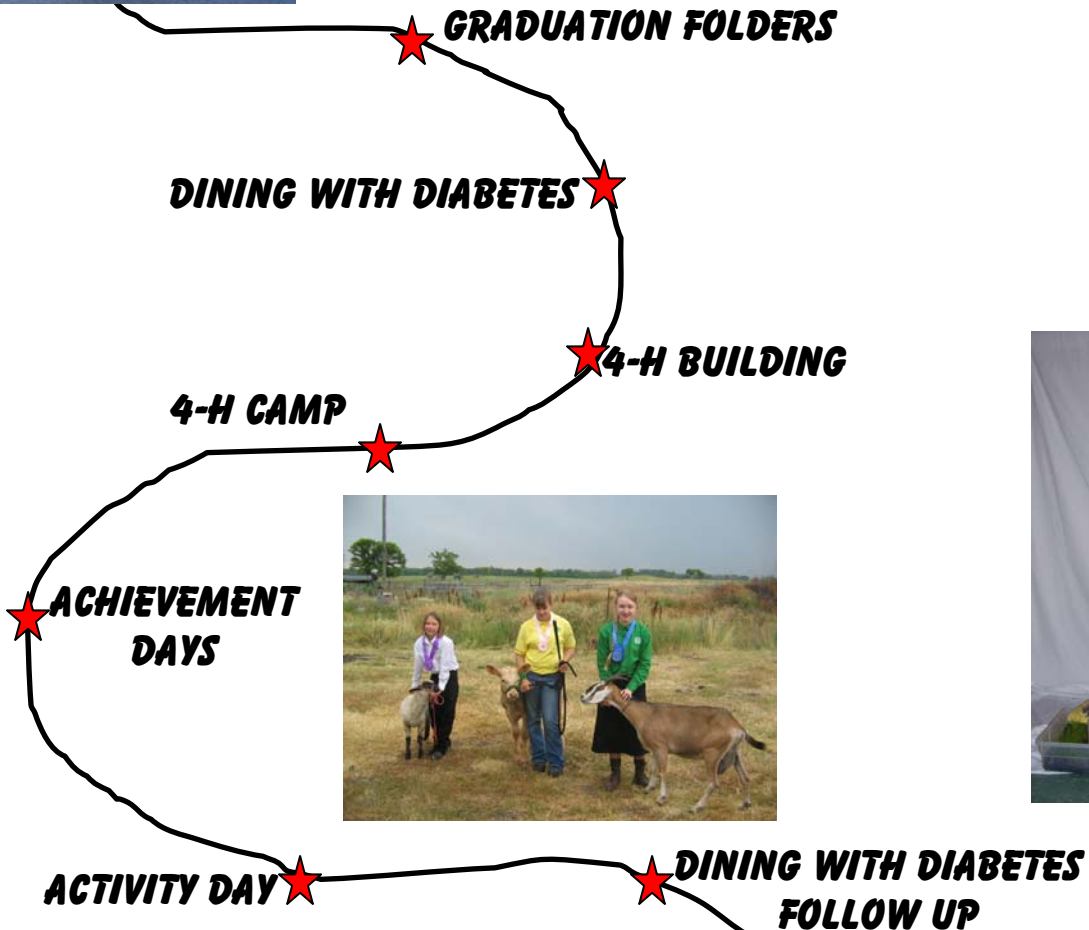


**NDSU EXTENSION – RICHLAND
 SPRING-SUMMER 2007
 COLLEEN SVINGEN**



- Provided paper bulletins to accompany Emergency Management Clean-up Kits.
- Graduation folders shared with all Richland graduates requested by school counselors.
- Distributed lawn chairs as “*thank-yous*” to Extension volunteers and supporters. (Promotional dollars provided by Horizon funds.)



- United Way presentation securing \$3,200 for youth programming.
- Served on the committee for Extension’s Annual Spring Conference. (via video conference)
- 4-H Rummage Sale
- 4-H Communication Arts – Wyndmere and Fargo
- 5+5 programming in all high schools, 5+5 (Eat More Fruits and Vegetables) attended update in Bismarck
- Community presentations
- Food preservation awareness via phone, radio, grocery store flyers



**NDSU EXTENSION – RICHLAND
SPRING-SUMMER 2007
COLLEEN SVINGEN**

Late Summer/Fall Programming

- **MPU Coordinator – hosting MPU Meeting in August**
- **Two Colors Training in Richland 44**
- **Curriculum development for Whole White Wheat lessons**



The Dakota Family Mill received a Sustainable Ag grant this spring. The Dakota Family Mill is a group of Richland producers of white wheat. White wheat is simply a variety of wheat that is lighter in color and sweeter in flavor than traditional hard red spring wheat. The reason our office helped develop this product is to help farmers develop a niche market and to encourage families to eat whole grains. Whole grains have

significant nutritional benefits such as helping to reduce the risk of obesity, heart disease, cancer and diabetes. In a section of the grant there is money for educational funding. I will be developing lessons focusing on whole white wheat that will be taught to Richland County students. We will also be developing a whole grains educational trunk for the state 4-H office. Dakota Family Mill will offer mini-grants to North Dakota 4-H'ers to help off-set the expenses of 4-H projects using whole grains. The locally grown and milled DFM flour can be purchased at this time. In the future they will have dry mixes available for purchase. For more information, please call our office or check out their website: www.dakotafamilymill.com

- **Planning meetings for ParentingLinks website with rural Richland librarians**
- **4-H Building**

This past spring the city informed the 4-H Council that they would be selling the land that the



4-H building is presently sitting on. The 4-H Council was under the impression they had an ongoing lease with the city of Wahpeton to lease the property. In the proposed sale of the land, the Council would lose the building in approximately eight years; thus losing about \$3,000 in donations from individuals using the building for cold storage. In our search for the lease history it was discovered, by leaders Sharon Ritten and Deb Knudson, that the Wahpeton School District had issued a Warranty Deed to the 4-H Council. The disturbing aspect of this is that it had never

been recorded in the county recorders office. Upon learning this fact the whole process became very complicated for both the 4-H Council and City Council. After a long process and many meetings and negotiating by Hank Weber and Dennis Knudson, the end result is that the 4-H Council agreed to sell the property to the city for \$45,000. This is a good result for the 4-H Council because they will be able to generate operating dollars in the form of interest and will not have any outlay in taxes or building maintenance. It is also a positive result for the city because they will be in complete control of the property and will work to expand Wahpeton's economic growth. At this point the 4-H Council is waiting to hear from the entire City Council after their next meeting.

- **Preparation for 4-H Banquet and kick-off for new 4-H year.**

